# Lifelong Understanding and Self-Development

## AAAS 1001 - Introduction to Higher Education in the Pacific Century (3)

An IHE course that improves student success in the Pacific century through a critical understanding of Asia, Asian America, local API communities, and civic learning. GE E; (IHE) (RE) (CL)

## AL 1010 - Introduction to Higher Education in Arts & Letters (3)

Focuses on the relationships between student success in the arts and humanities and the skills necessary for decision-making, career placement, and civic responsibility within a global environment. Graded ABC/NC. GE E; (IHE)

## ANTH 1001 - Where in the World of Education at CSULA are You? (3)

Study of holistic and comparative exploration of personal and collective educational adventure at CSULA through examination, reflection, critique, partnerships, and services in democratic “learning commons.” GE E; (IHE) (D)

## ART 2400 - Art and Life Perspectives (3)

Comparative analyses of art forms that express views of time, environment, ancestry, birth and death among indigenous and mixed cultures (developing and industrial). Lecture 3 hours. GE E; (D)

## BUS 1010 - Introduction to Higher Education for Business and Economics Majors (3)

Orientation to thinking strategies applicable to lifelong problem solving in academic, social, and personal life. Introduces critical thinking, information literacy, university resources, and academic planning for student success. Graded A,B,C/NC.

## BUS 2000 - Work and Self Development (3)

Systematic investigation of how work shapes human understanding and behavior-past, present and future. Covers pertinent psychological, sociocultural, economic and technological issues about work and individual achievement. GE E

## CCOE 1010 - Introduction to Higher Education in the Charter College of Education (3)

Development of critical thinking, decision-making, contemporary issue analysis, information literacy and writing skills addressing the personal, academic and social challenges facing modern students, educators and public service providers. GE E; (IHE) (CL)

## CHDV 1200 - Intimate Relationships in Our Diverse Society (also listed as SOC 1200) (3)

Develop personal awareness, knowledge and skills in communication, conflict management and interaction principles among intimate partners/friends/family. Examine intersectional dimensions of gender, LGBT, class, and race/ethnicity within relationships and social ecology. Some sections may be offered in online or hybrid format. GE E; (D)

*C-ID SOCI 130

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## COMM 2100 - Communication Strategies in Conflict Management (3)

This course examines the communication theories and strategies underlying the nature of conflict in contemporary society. Provides students with the necessary skills to effectively manage conflict throughout their lives. GE E

## CS 1010 - Introduction to Higher Education for Computer Science Majors (3)

Skills required for the computing profession; critical thinking and lifelong learning; computer ethics; hands-on projects to explore the computing disciplines; academic success strategies; university structure, resources, policies, procedures; community engagement. Lecture 2 hours; Laboratory 3 hours. Graded ABC/NC. GE E; (IHE) (CL)
ENGR 1500 - Introduction to Engineering and Technology [3]
The course explores the engineering and technology profession. Introduction to design through hands-on projects affecting a local or regional issue. Academic success strategies. University structure, policies, procedures, and resources available. Lecture 2 hours; Laboratory 3 hours. Graded A,B,C,D,F. GE E; (IHE)

HHS 1010 - Introduction of Higher Education in Health and Human Services: Living an Examined Life [3]
Orientation to thinking strategies applicable to lifelong learning and problem solving in academic, social, and personal life. Introduces critical thinking, information literacy, university resources, civic learning and academic planning for student success. Graded ABC/NC. GE E; (IHE)

HNRS 1010 - Introduction to Academic Inquiry in the Honors College [3]
Co-requisites: HNRS 1100. Explores ways of knowing across the disciplines; introduces students to Honors College learning goals; examines strategies for undergraduate success. Graded ABC/NC. GE E; (IHE)

LIBR 1010 - Introduction to Higher Education [3]
Examines thinking strategies and information based problem solving in academic and professional settings. Introduces critical thinking, civic learning, information literacy, university resources, and academic planning for student success. Graded ABC/NC. GE E; (IHE)

LIBR 2300 - Intermediate Information Literacy and Research Skills for Lifelong Professional Success [3]
Explores how information is produced and used in professional settings. Designed to teach students research and critical thinking skills required to access, evaluate, synthesize and understand information for professional success and development. Graded ABC/NC. GE E

LIBR 2500 - Intermediate Information Literacy and Library Research Skills [3]
Examines how information and knowledge are produced and organized. Designed to give students the technological and critical thinking skills needed to find, evaluate, synthesize and manage information. Graded ABC/NC. GE E

ML 1010 - Introduction to Higher Education for MLL Majors [3]
Orientation to skills, resources, and strategies leading to academic, professional, and cultural success in the field of Modern Languages and Literatures and beyond. Must be taken before beginning courses in the program. GE E; (IHE) (CL)

NSS 1001 - Introduction to Higher Education [3]
Introduces critical thinking, information literacy, university resources, civic engagement, and academic planning for student success. Graded ABC/NC. GE E; (IHE)

NTRS 2100 - Foundations of Food [3]
Introduction to foods as a profession. Principles and procedures of food preparation including selection, storage, food sanitation, product evaluation, and meal management. Lecture 2 hours, laboratory 5 hours. GE E

NTRS 2500 - Human Nutrition [3]
Nutrition and its relation to health, behavior, growth, development, and aging. No credit towards nutrition majors. Some of the sections of the course may be taught online. GE E

PHIL 2300 - Meanings of Human Life: An Intersectional Approach [3]
Investigation into diverse meanings of life. Emphasis on accounts of the self and world, intersections with race, ethnicity, gender, class, sexuality and age, and connections between philosophy and life experience. May include optional service learning. GE E; (D)
PSY 1600 - Psychology of the Developing Person (3)

Principles of life-span development from birth to death. Salient physiological, social, and psychological factors relevant to understanding development of the integrated person. GE E

*C-ID  PSY 180
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SOC 1001 - Individual Development in Diverse Contexts (3)

Social, psychological, and socialization processes, and intersections among gender, LGBT, class and race/ethnicity affecting identity formation throughout the lifespan. Understanding differential opportunity structures and success strategies in life-long problem-solving. Community-based activity is required. Graded ABC/NC. GE E; (D)

SOC 1200 - Intimate Relationships in Our Diverse Society (also listed as CHDV 1200) (3)

Developing personal awareness, knowledge and skills in communication styles, conflict management, and interaction principles among intimate partners/friends/siblings. Intersectional gender, LGBT, class, and race/ethnicity issues within relationships and in social context. Some sections may be offered in online or hybrid format. GE E; (D)

*C-ID  SOCI 130
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UNIV 1010 - Introduction to Higher Education (3)

Orientation to thinking strategies applicable to lifelong problem solving in academic, social, and personal life. Introduces critical thinking, information literacy, university resources, and academic planning for student success. Includes a Civic Learning and/or Community Engagement Experience. Graded ABC/NC. GE E; (IHE)

WGSS 1010 - Gender and Sexuality in College (3)

Explores issues of racial, gender, and sexual diversity in the college environment. Emphasis on skill building for educational success, lifelong learning, access to resources, and civic engagement; open to all majors. GE E; (IHE) (D) (CL)