Further shape your professional journey with a plan!
The Professional Development Plan

Similar to your academic plan, creating a Professional Development Plan maps out your objectives of what you want to achieve in your professional development!

- Develop a professional, career plan by identifying at least three things you want to do professionally by the time you graduate from Cal State LA.

- **Some ideas you can plan for include:**
  - Career planning and goal setting
  - Participating in service learning/volunteer work
  - Participate in an internship
  - Joining a professional organization, student club/organization
  - Build your professional brand
  - Opportunities to work with faculty on research
  - Attend employer info sessions, seminars, and career fairs
  - Create or updating your résumé and cover letter
  - Improve interview skills
  - Develop networking strategies
  - Conduct informational interviews and job shadowing

### Example of a Professional Development Plan:

<table>
<thead>
<tr>
<th>By Spring 2022</th>
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<tr>
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<td>Research professional internships</td>
<td>Participate in professional organization</td>
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<td>Explore job shadowing opportunities</td>
<td>Join a professional organization for my career goal of [name]</td>
<td>Apply for an internship</td>
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<td>Join my major’s club [name]</td>
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Developing a Professional Plan

**Academic Plan**
- **Freshman**
  - Time management
  - Stress management
  - Organization skills
  - GE classes

**Sophomore**
- Teamwork
- GE classes
- Service & Diversity

**Junior**
- Major classes
- Electives
- Projects

**Senior**
- Major classes
- Electives
- Capstone

**Professional Plan**
- **Explore**
  - Self
  - Pathways
  - Student Orgs
  - Volunteerism

- **Experience**
  - Internships
  - Conferences
  - Skills for applying to internships/jobs

- **Engage**
  - Companies
  - Recruiters
  - Alumni
  - Target Jobs
### 1-Year Professional Development Plan Examples

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