Anatomy of a Résumé

Showcase your skills with:

Accomplishment Statements & Skills List

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EDUCATION

Bachelor of Science in Health Science with option in Community Health Education California State University, Long Beach Spring 2017 GPA 3.7

CLASS PROJECTS

Group Leader

Jan. 2020 - Present

Global Health Epidemics 2001, Cal State LA Department of Public Health, Los Angeles, CA

- Organize group meetings and disseminate individual assignments for group members to progress project
- Research health epidemics in South America related to economic instabilities by reading articles, searching through newspapers and listening to podcasts
- Interviewed a public health official to learn about the industry and discuss solutions
- Develop a poster presentation that will be shown to the class to support visual learners

WORK EXPERIENCE

Student Assistant

Sep. 2019 - Present

Cal State LA College of Professional and Global Education (PAGE), Los Angeles, CA

- Create welcoming atmosphere for all guests who visit PAGE by always keeping a positive attitude and always following through on requests
- Triage questions and refer students and staff to appropriate resources to support office operations
- Prioritize data security when updating Excel databases to ensure sensitive information is never leaked

Front Desk Clerk

The Best Bookstore, Los Angeles, CA

- Assisted patron product searches and made purchase recommendations to enhance customer experience
- Handled thousands of dollars per day through the cash register always closing out with the right balance
- Sold bookstore memberships to help frequent customers save money while increasing store revenue
- Received and signed for inventory drop-offs and input new products into the store catalog system

VOLUNTEER EXPERIENCE

Volunteer

May 2017 – Dec. 2017

Aug. 2018 - Jan. 2019

Latinx Upward Mobility Organization, Pasadena, CA

- Canvassed multiple neighborhoods to better educate citizens on Latinx mobility issues
- Created original marketing materials such as posters, flyers, and handouts to invoke community support
- Utilized excellent interpersonal and global competencies to speak with people from all backgrounds

CSU HEALTH ALLIANCE CONFERENCE

Presenter

May 2017 - Dec. 2017

- Ocliaborated with a student team to present on public health advocacy to a conference with 300+ attendees
- Designed a visually engaging presentation and a reference guide to improve participant understanding

SKILLS:

Computer: Microsoft Excel, Word, PowerPoint Languages: Basic knowledge of Spanish and Portuguese

Listing Skills vs. Showcasing them



Language Skills: Fluent in Spanish and Mandarin
Computer / Technical Skills: HTML, Flash, Adobe Photoshop & InDesign, Microsoft Excel & Word



Skills: Communication, leadership, organizational, problem solving, work ethic, teamwork

Computer Programming Experience

Web Design Intern

Tech Company, Inc.

June 2019 – Jan. 2020 Pasadena, CA

• Collaborated with a team to create a web store using HTML and Flash to attract new customers and enhance shopping experience



What are the top skills employers look for on your résumé?

Career Readiness Skills Employers Seek from College Students

Career & Self Development

Communication

Critical Thinking

Equity & Inclusion

Professionalism

Team Work

Leadership

Technology

Careerspecific Skills

Sample: Skill Brainstorm

What skill do want to

+

showcase?

dfalch 3h

Leadership

Where did you gain or improve this skill?

Ability to work in team, Problem solving, Analytical, Communication, Initiative, Leadership, Technical, Flexibility, Strong work ethic

odfalch 3m

Public Health Student Association

+

What professional or academic example can you share proves this skill?

dfalch 2m

As Vice President of the Public
Health Student Association I
oversaw a public health video
project in collaboration with Golden
Eagle Productions.

Why is this skill important in your industry?

dfalch 3h

Leadership skills are important in Public Health because you are often trying to make positive change in your community. All good leaders are also effective positive change makers.

Look at your Syllabi: You're enhancing your skills in your classes

Specific Learning Objectives for BIOL 1010

- Examine the relationship between the nature of science (NOS) and interpreting the biodiversity of life on Earth.
- 2. Identify and describe the properties of life.
- 3. Describe the levels of organization among living things.
- 4. Explain the flow of energy among organisms.
- 5. Explain how energy is utilized and transferred among organisms.
- 6. Analyze various metabolic pathways.
- 7. Discuss how enzymes function as molecular catalysts.
- 8. Describe what evolution is, the evidence for it, and how it operates resulting in changes in organismal structure and function.
- 9. Analyze the major kinds of interactions between organisms, and between organisms and their environment.
- 10. Explain the evolutionary and ecological basis of these interactions including, but not necessarily limited to, cost/benefit tradeoffs, sexual selection, and altruism.

Ability to work in team

Analytical skills

Problemsolving skills

Leadership

Communica -tion Skills

Flexibility / Adaptability

Technical skills

Strong work ethic

Initiative

Upskill with LinkedIn Learning

How to Enhance your Marketable Skills Guide



Enhance your Marketable Skills

Career Development Center California State University, Los Angeles www.calstatela.edu/careercenter

You can enhance your skillsets right from home to develop additional competencies that employers require. <u>Linkedin Learning</u>, accessible from your myCalStateLA portal, offers over **5,000 courses** on anything from digital literacies, to transferrable skill development, to holistic practices like mindfulness and positivity.

Upon completion of a LinkedIn Learning course, you can **receive a certification** that can go on your **LinkedIn profile**, **résumé** or simply be a **talking point with employers**. With so many courses it may be difficult to know what you'd like to learn about first. Here are some tips to narrow it down so you can study what's most applicable to you.

Enhance your transferrable skills

Transferrable skills are skills that employers in every industry are looking for. Take some time to think about your <u>strengths</u> and find areas that you'd like to improve. Do you want to become a <u>better leader</u> or <u>more resilient?</u> Maybe you're looking for ways to be <u>more inclusive</u> or to <u>communicate better</u> across cultures. No matter where you work transferrable skills are always in demand.

Enhance your digital skills

Find out what digital skills are most needed in your industry by looking at job descriptions of positions you're interested in. Perhaps it's a marketing position looking for someone with Adobe-Photoshop experience or an accounting position seeking a Microsoft Excel guru, or maybe you anticipate sending emails all day using Microsoft Outlook. With job descriptions, employers are spelling out exactly what they're looking for in candidates, now is your chance to develop digital skills based on their needs.

Become more effective working "remotely"

Working from home or "remotely" is becoming more prevalent in society. Having <u>time management</u> skills as you work from home is essential. There's also a good chance your new company might be using <u>Microsoft Teams</u>, <u>Slack</u> or <u>Google Hangouts</u> in order stay connected and accomplish their goals. Maybe you need to create a <u>Zoom</u> meeting and invite your colleagues. Whatever "remote" topic you might be interested in, there's a good chance LinkedIn Learning has a course on it.

Embrace mindfulness

Navigating a career is rarely easy, but there are multiple tools you can use to improve your mental health and outlook. Many of us are looking for ways to <u>manage stress</u>, <u>avoid burnout</u> or find <u>strategies for being more positive at work</u>. <u>Mindfulness meditation</u> is a simple, effective way to make your work and personal life better. Being skilled in managing your mental health may be one of the most valuable tools for an employee today.

Learn things just for fun

Don't only focus on job-searching. It's also essential to have balance in your life. Maybe you want to <u>learn how to play the quitar</u> or take a course on <u>photography</u>, or maybe you just want to sit back and see what it's like to be an <u>indie filmmaker</u>, <u>cartoon animator</u> or <u>famous DJ</u>. Tuning into these creative videos will help you develop your own creativity (a transferrable skill many employers are looking fort).

For more info and to **login to LinkedIn Learning** to start enhancing your skills go to: http://www.calstatela.edu/its/training/linkedin-learning

<u>LinkedIn Learning</u>





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