



DATE: October 24, 2023
FROM: Andre Avramchuk, Chair, Academic Senate
TO: Leroy Morishita, President
CC:
SUBJECT: **Proposed Policy Modification: Student Mental Health, Faculty Handbook, Chapter III**

The attached recommendation was approved again by the Academic Senate at its meeting of October 10, 2023 with editorial changes and is being (re)forwarded for your approval.

aa/rr

Attachment

ACTION: Unsigned

EFFECTIVE: _____
Semester Year

SIGNED: _____
President

DATE: _____

I am returning the above titled proposed policy unsigned. The proposed language reads as a resolution that supports students. In my opinion, it does not belong in the Faculty Handbook.

LMM
12/12/23



MENTAL HEALTH SERVICES POLICY

STUDENTS HAVE THE RIGHT TO TIMELY MENTAL HEALTH SERVICES THROUGH THE COUNSELING AND PSYCHOLOGICAL SERVICES (CAPS). TO SUPPORT TIMELY ACCESS TO CAPS SERVICE, IT IS RECOMMENDED THAT THE UNIVERSITY MAINTAIN OR EXCEED THE RECOMMENDED RATIO OF CAPS THERAPISTS TO STUDENTS, AS RECOMMENDED BY THE APPROPRIATE ACCREDITATION BODY. AUXILIARY MENTAL HEALTH PROGRAMS SHOULD COMPLEMENT BUT NOT REPLACE INDIVIDUAL AND GROUP THERAPY SERVICES.

REDUCING BIAS AND THE STIGMA AROUND MENTAL HEALTH IS A UNIVERSITY-WIDE EFFORT. FACULTY AND STAFF ARE ENCOURAGED TO REVIEW CURRENT CAPS SERVICES AND TO PARTICIPATE IN MENTAL HEALTH FIRST AID TRAINING TO LEARN HOW TO TALK TO A PERSON EXPERIENCING A MENTAL HEALTH PROBLEM. IT IS RECOMMENDED THAT PUBLIC SAFETY PARTICIPATE IN TRAINING THAT ENCOURAGES THE DE-ESCALATION OF PHYSICAL CONFRONTATION DURING PSYCHOLOGICAL CRISES CAN BE FOUND AT THE FOLLOWING:

COMMUNITY CARE WEBSITE:

[HTTPS://WWW.CALSTATELA.EDU/COMMUNITYCARE](https://www.calstatela.edu/communitycare)

CAPS WEBSITE

[HTTPS://WWW.CALSTATELA.EDU/STUDENTHEALTHCENTER/CAPS](https://www.calstatela.edu/studenthealthcenter/caps)