Welcome!

New Beginnings!

Welcome to fall semester at the Children’s Center. Fall is a busy time for families. There are new schedules, new teachers, and new expectations. This can be a stressful time for young children since they don’t have many years of experience with new beginnings. As parents you can share a role in helping your child feel safe and secure in their new setting.

- You can help your child adjust to change by being enthusiastic about the change. If you are positive and confident about the new experience, your child will be too.
- Start daily routines that will add continuity. A regular sleep and morning routine will help your child feel safe in the consistency of your home routine.
- Make extra time to spend with your child on arrival, especially during the first weeks. Children don’t rush well. When you slow down your pace, you will have time to enjoy each other before rushing off to your busy lives.

And finally have fun and enjoy your children. Schedule family time into your lives. This time you should spend interacting or relating (watching T.V. doesn’t count). Your children are young for such a brief period of time. Enjoy every moment!

Parent Meeting

Laying the foundation for our future leaders!

Back to School Night

Our annual Back to School Night will take place, Monday, September 19 from 6:30-7:30. Teachers will give a 45 minute presentation about your child’s classroom. This is a great opportunity for you to ask questions about the program! Light refreshments will be available.

Please make every effort to attend this very informative evening. Please sign up if you plan to attend. Sign up sheets are in your child’s classroom.

This meeting is for parents only!
There will be no child care provided.

Parent Involvement

Tips for Reducing Separation Anxiety in Young Children

Tips for separating from your infant:
- Don’t rush the separation. Your child will pick up on your stress and can become agitated.
- Sit with your child for a while so he can take in the activities and people in the room.
- When your child seems comfortable, let your caregiver take her. It’s nice for her to be in a devoted caregiver’s arms when you leave.
- Kiss and hug your child good-by and then leave. Don’t waver; that only becomes confusing to your infant.
- If your baby is crying when you leave, or even if he is not, don’t hesitate to call your caregiver or center a little later to see how he is doing.

Tips for separating from your toddler or preschooler:
- Greet the caregiver and other children as you enter the room.
- Spend time helping your child into an activity before engaging in extensive conversation with the caregiver.
- Children love to interact with their environment, so involving him in a play activity will help him transition more easily.
- Let your caregiver know how your child is doing that morning and if there is any change in her schedule.
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