Mission Statement

The Student Health Advisory Committee at CSULA is a representative group of students which serves to educate students about health and wellness, advocate for policies to benefit student health on campus, and empower students to be agents of change within the campus community.

Leadership 2014-2015

SHAC students have many opportunities to practice leadership skills within the organization. Executive members and chairs work closely with Student Health Center staff to plan and execute SHAC events throughout the year.

President
Becca Wright

Co-Vice Presidents
Andrea Meneses & Karina Banos

Treasurer
Cathlin Ongkowidjojo

Secretary
Michelle Tran

Nutrition & Fitness Co-Chairs
Christina Fasulo, Jorge Mendoza, Jorge Hernandez

Mental Health Co-Chairs
Angelica Bobadilla & Erin Votaw

Sexual Health Co-Chairs
Michelle Tran & Benj Ambrocio

Sleep & Relaxation Chair
Genina Nava

ATOD Co-Chair
Jessica Nila & Elsie Ureta
Benefits of Joining

In addition to serving in an advisory capacity to the Student Health Center, SHAC members enjoy many opportunities throughout the year to develop new skills in leadership and participate in trainings. Members are given the chance to:

- Become a Nationally Certified Peer Health Educator
- Earn a Letter of Recommendation for graduate school or job
- Meet and network with other students
- Gain practical experience in outreach, event planning and program development
- Learn about healthcare and attend health conferences
- Become an active participant on campus
- Earn volunteer hours in the Health Hut
- Be an advocate for student health on campus

Meeting Schedule

All general meetings are held: 
3:15 — 4:15 pm

Thursday, MARCH 5th
SHC 210

Thursday, APRIL 2nd
SHC 210

Thursday, APRIL 30th
SHC 210

Thursday, MAY 28th
SHC 210

New Member Interest Sessions for Spring 2015

Session One
Tuesday, February 24th @ 3:15-4:15pm
SHC 210

Session Two
Monday, March 2nd @ 3:15-4:15pm
SHC 210

Application for Membership

To become a member, fill out this form and turn it in to the Student Health Center—Room 215.

Please write clearly and legibly

NAME: ___________________________________________

EXPECTED GRADUATION DATE
(month/year) __________________________

MAJOR: _______________________________________

CONTACT #: (_____) ______

PRIMARY EMAIL ADDRESS: ___________________________

CIN #: __________________________________________

Membership in SHAC requires a commitment of one academic year, attendance at monthly one-hour meetings, participation in orientation, required trainings, and five volunteer hours per academic quarter. Can you commit this amount of time?

YES: [ ] NO: [ ]

Shirt Size (circle one): S M L XL

*** RETURN APPLICATION TO SHC - 215 ***
BY FRIDAY, MARCH 13th

Contact Us

Staff Advisor:
Marisa Marcarello
(323) 343-3347
Student Health Center—Room 215

Email: csulashac@gmail.com
Website: www.calstatela.edu/studenthealthcenter/shac

www.facebook.com/csulashac