Mission Statement

The Student Health Advisory Committee at CSULA is a representative group of students which serves to educate students about health and wellness, advocate for policies to benefit student health on campus, and empower students to be agents of change within the campus community.

Leadership 2015-2016

SHAC students have many opportunities to practice leadership skills within the organization. Executive members and chairs work closely with Student Health Center staff to plan and execute SHAC events throughout the year.

President
Erin Votaw

Vice President
Cathlin Ongkowidjojo

VP of Finance
Lishuang Zheng

VP of Operations
Christine Kang

Nutrition & Fitness Chair
Chelsea Brown

Mental Health Co-Chairs
Lauren Jorgenson & Debbie Tobias

Sexual Health Chair
Sarah Wolf

Sleep & Relaxation Chair
Jesus Renteria

Alcohol, Tobacco, & Other Drugs Chair
Debbie Galo

SHAC
Student Health Advisory Committee

the HEALTH HUT

Membership Information
2016 — 2017

Education... Advocacy... Empowerment

Cal State L.A.—Student Health Center
How to Join

This is for students who are not graduating in 2016. Applicants must be able to commit to SHAC through Spring Semester 2017:

1) Fill out application and return to SHC - 215 or to mmarcar2@calstatela.edu
2) Must attend one of the interest meetings by February 24, 2016
3) Spring 2016 cohort will be selected and notified by March 18, 2016
4) Attend and complete Peer Health Education Training April 8th-9th

*** REQUIRED ***

New Member Interest Meetings:

Thursday, February 11th @ 3:15 pm
SHC 210

Wednesday, February 24th @ 3:15 pm
SHC 210

Benefits of Joining

In addition to serving in an advisory capacity to the Student Health Center, SHAC members enjoy many opportunities throughout the year to develop new skills in leadership and participate in trainings. Members are given the chance to:

- Become a Nationally Certified Peer Health Educator.
- Earn a Letter of Recommendation for graduate school or a job.
- Meet and network with other students.
- Gain practical experience in outreach, event planning and program development.
- Learn about healthcare and attend health conferences.
- Become an active participant on campus.
- Earn volunteer hours in the Health Hut.
- Be an advocate for student health on campus.
- NO MEMBERSHIP FEE!

For More Information

Contact Email: csulashac@gmail.com
Website: www.calstatela.edu/studenthealthcenter/shac

Staff Advisor:
Marisa Marcarella
(323) 343-3347
Student Health Center—Room 215

www.facebook.com/csula.shac

Application for Membership

To become a member, fill out this form and turn it in to the Student Health Center—Room 215.

Please write clearly and legibly

NAME: ________________________________

EXPECTED GRADUATION DATE: (month/year) __________________________

MAJOR: ______________________________

PHONE #: (________ ) - 

PRIMARY EMAIL ADDRESS: ______________________________

CIN #: ______________________________

Membership in SHAC requires a commitment of one academic year, attendance at monthly one-hour meetings, participation in orientation, required trainings, and 10 volunteer hours per academic quarter. Can you commit this amount of time?

YES: [ ]

Shirt Size (circle one): S M L XL

*** RETURN APPLICATION TO SHC - 215 ***

By: February 29th, 2016