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Raphael J. Sonenshein, Guest Speaker on Upcoming Elections at Fall Luncheon

Raphael J. Sonenshein, executive director of the Edmund G. “Pat” Brown Institute for Public Affairs at Cal State L.A., will be the featured guest speaker at the Emeriti Fall Luncheon on Friday, October 24. In a talk entitled, “Grading the Midterms: What to Watch for on November 7th,” he will share his rich political knowledge and insights about the upcoming local, state, and national elections.

Recognized as a political expert, Sonenshein’s critiques and commentary are frequently sought by the news media. It is not unusual to hear him interviewed on television or radio, and to see his postings and interactions on social media.

A native of New Jersey, Sonenshein has a B.A. in public policy from Princeton University, and M.A. and Ph.D. degrees in political science from Yale University. Prior to coming to the Pat Brown Institute in 2012, he was a professor in the Division of Politics, Administration and Justice at CSU Fullerton since 1982, where he also served as chair as well as director of the division’s Center for Public Policy. In 2008, he spent a semester teaching in Paris while a Fulbright Scholar. He has received numerous awards for teaching excellence throughout his career.

Sonenshein has written extensively about city governance and the relationships among racial and ethnic groups. _Politics in Black and White: Race and Power in Los Angeles_ and _The City at Stake: Secession, Reform, and the Battle for Los Angeles_ detail the political history of Los Angeles for the last 50 years. His monthly column, “The Jewish Vote,” which runs in the _Jewish Journal_ of Greater Los Angeles, was nominated in 2005 as the _Golden Eagle_ Award for Best News Columnist.

Emeriti Association Awards 15 Fellowships for 2014-15

This summer, the Emeriti Fellowship Fund Committee recommended awarding 15 graduate fellowships. Nine non-discipline specific Emeriti Fellowships include the Carol J. Smallenburg Emeriti Fellowship and those honoring James M. Rosser and Sidney P. Albert. The Leonard Mathy Fellowship in Economics was established by Mathy this year and is being awarded for the first time. The five Memorial Fellowships to be awarded are the Jane Matson in counseling, William E. Lloyd in public administration, John L. Houk in political science, Mary Gormly in Native American-related studies, and David Cameron Fisher in biology. The awards will be presented at the Emeriti Fall Luncheon on October 24.

Recipients of Emeriti Fellowships are Carina Vasquez (Counseling), Justin d’Agostino (Anthropology), Jekyns Pelaez (Television, Film and New Media), Tina Adams (Music), and Christy Whitaker (Counseling). For more information, please contact the Emeriti Fellowship Office at (323) 250-4330.

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Protect Your Cal State L.A. Parking Pass

One of the special privileges for us, after attaining emeriti status at Cal State L.A., is the award of an emeriti parking pass from the President’s Office. This pass allows emeriti to park in University parking lots and structures in perpetuity, that is, “till death do us part.” This privilege, which has been in effect for decades, is a very special acknowledgement of our service to the University from the president, and is most important to the many of us who frequent the University for meetings, activities, and classes. A number of other campuses in the system also recognize our passes and grant us courtesy parking at their facilities. However, not all campuses recognize the passes of other campuses. It is always wise to check the validity of the Cal State L.A. pass when you visit another campus.

It is important to note that the pass is awarded to the individual emerita/us faculty member and not to the family or friends of the faculty member. If an emerita/us faculty member leaves the area, or dies, continued use of the pass by others is not appropriate. Each pass is inscribed with a unique serial number that can be traced to the original recipient. The campus Department of Public Safety informs us that they do monitor the use of these passes from time to time.

Please ensure that this generous privilege is not abused by respecting the conditions under which the permit was issued.

Emeriti Approve 2014-15 Officers, Bylaws Changes

At the spring luncheon annual meeting on May 16, members of the Emeriti Association in attendance approved the slate of officers for 2014-15 and two other proposals from the Executive Committee.

The officers approved were Dorothy Keane, as president (2014-15); John Cleman, vice president for administration (2014-15); Hildebrando Villarreal, secretary (2014-16); Rosemarie Marshall-Holt, membership secretary (2014-16); and John Cleman, Academic Senate representative (2014-15).

The first of two proposals from the Executive Committee was a revision to Article V, Section 4 of the Emeriti Association Constitution to establish the position and mode of selection for a Life Executive Committee Member. The approved language is:

“Based on distinguished service to the Association and the Executive Committee, Life Executive Committee Membership may be awarded following a recommendation from a nominating committee appointed by the President and approved by a two-thirds vote of the Executive Committee present and voting at a regular meeting.”

Following approval by the Association, the Executive Committee at its June meeting nominated and unanimously voted to award this honor to Donald O. Dewey and Frieda A. Stahl. They join Leonard Mathy and Janet Fisher-Hoult as Life Executive Committee Members.

The second proposal requiring approval by the Association concerned membership. The Executive Committee had approved a change in the membership categories described in Article I of the Association bylaws, reducing the categories to two: Emeriti and Associate. The conditions of qualifying for these two categories remained the same, but the categories of Contributing and Continuing were eliminated, since they were based on donations rather than on conditions of membership. Because the revision also included raising dues, it was necessary for a proposal to be submitted to a vote of Association members at the annual meeting.

The most visible effect of these changes will appear on the dues and/or contribution envelope that members receive along with The Emeritimes. For annual members, there will now be four dues categories on the envelope: Emeriti Annual Membership ($30), Associate Annual Membership ($30), Annual Surviving Spouse Membership ($10), and Life Membership ($250). Dues for annual members were raised from $25 to $30, and the Life membership, to $250.

There will also be an opportunity to donate. The envelope for Life Members will have only the invitation for donations.

The overall intent of these changes is to simplify and clarify the membership and dues structure of the Association. As a reminder, the Emeriti Association’s fiscal year extends from

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Fall Luncheon

(Continued from Page 1)

the best column by the Los Angeles Press Club. During the election seasons of 1997, 2001, and 2005, he served as the political consultant of the Los Angeles Times’ election-day exit polls, and has written op-ed pieces for the newspaper.

As a member of the City of Los Angeles Appointed Charter Reform Commission, Sonenshein was actively involved in the first comprehensive charter reform for the City of Los Angeles in 75 years and served as its executive director from 1997 to 1999. He has since advised charter reforms in Glendale, Burbank, Culver City, and Huntington Beach.

Emeriti will gather at 11:30 a.m., with food service at noon, followed by recognition of the 2014-15 fellowship recipients and Sonenshein’s presentation.
Linda Beamer (Marketing) served until recently as associate editor of the Association for Business Communication’s research journal, *Journal of Professional and Business Communication*, and is a reviewer for several other journals. She is also a dissertation examiner, currently working with a student from Finland. In October 2010, she was awarded the Outstanding Researcher award from the Association, and the following year she delivered a keynote address to the annual conference, where she spoke about the need for theory in academic research publications and the need to recognize theoretical constructs developed by Association members.

Peter Brier (English) had an essay published in the Fall 2013 issue of *Victorians: A Journal of Culture And Literature*. Entitled “Matthew Arnold and the Talmud Man,” the essay is based on a chapter in a work in progress on Emanuel Oscar Deutsch, a scholar on the staff of the British Museum who befriended prominent Victorian personalities and inspired George Eliot’s last great novel, *Daniel Deronda*.

Joseph Casanova (Chemistry), Theodore J. Crovello (Biology), Martin Epstein (Physics), Harold Goldwhite (Chemistry), and Peter Brier (English), moderator, participated in a panel discussion entitled “Climate Change/Global Warming” at Hollenbeck Palms retirement community on June 19, a special presentation of Cal State L.A.’s Lifelong Learning Program.

Domnita Dumitrescu (Spanish) presented a keynote address entitled “Sobre el asi-llamado Spanglish y el concepto de estadounidismos” at the Spanish Linguistic Colloquium, CSU Dominguez Hills, on March 6. She also presented a paper, “Hacia un modelo integrado de la enseñanza del español a los hispanoamericanos a nivel universitario: El caso de Los Angeles,” at the first congress of the Academia Norteamericana de la Lengua Española, held in Washington D.C. from June 6-8. At the 96th Annual Conference of the American Association of Teachers of Spanish and Portugese in Panama City, Panama, July 8-11, she was the Santillana USA featured speaker, presenting “Hablando bien se entiende la gente 2.” At the same conference, in her capacity as book/media review editor of *Hispania*, she participated in the three-hour workshop on how to publish in scholarly journals in general, and in *Hispania* in particular, and organized and chaired a session on Spanish in Panama and the activities of the Panamanian Academy of the Spanish Language. Dumitrescu also participated in a roundtable discussion organized by Basarab Nicolescu, “Dialogue between Cultures,” at the 38th Congress of the American-Romanian Academy of Arts and Letters, at Caltech from July 24-27.

Her latest publications include *Hablando bien se entiende la gente II* (edited in collaboration with Gerardo Piña-Rosales, Jorge Ignacio Covarrubias, and Daniel Fernández), Santillana USA, 2014; “English-Spanish Code-switching in Literary Texts: Is It Still Spanglish as We Know It?” (MLA Convention Feature), *Hispania* 97.3, 2014; and “A manera de prólogo,” *Introduction to El español de EE UU y el problema de la norma lingüística* by Ángel López García-Molins, New York, Academia Norteamericana de la Lengua Española, 2014, and she continues to publish short articles on linguistics topics in the blog, “La lengua viva,” sponsored by Yahoo en español, edited by the Academia Norteamericana de la Lengua Española. She was interviewed by *Hola cultura* (Washington D.C.) on July 18 regarding teaching Spanish to heritage students.

Leonard Mathy, emeritus professor of economics and longtime member of the Emeriti Association Executive Committee, has established the Leonard Mathy Fellowship in Economics. As a faculty member from 1950 to 1986, he served as the founding chair of the Department of Economics, founding dean of the School of Letters and Science, and dean of instructional administration at the university level. He was also the founding chair of the Academic Senate at Cal State L.A. and the founding chair of the statewide California State University Academic Senate, both of which benefited from his depth of insight and wealth of experience. In 2005, the Cal State L.A. Academic Senate bestowed on him the title of Pater Senatus. The fellowship will be awarded to full-time graduate students working toward a master’s degree in economics who have completed at least one 500-level course and show evidence of University and/ or community service.

Stuart Fischoff (Psychology) has established the Stuart Fischoff Excellence in Musical Theater Award at the Southern Illinois University (SIU) Department of Theater and School of Music. He has had a long interest in the theater and performed often in productions at Cal State L.A. and other campuses. He and his wife, Rachel, moved to Carbondale, Illinois in 2005, and brought their love and support to the local arts community. The award, which comes with a cash scholarship of $1,000, will be given at the fall meeting and will recognize an outstanding student in musical theater.

**Two Staff Members Accept Associate Membership Invitation**

Upon special invitation by the Emeriti Association, two staff members have joined the Emeriti Association as associate members, in accordance with the bylaws, which state that an associate membership may be granted to staff members who have worked at least 10 years in areas closely related to Academic Affairs, after a vote of the Executive Committee.

Eileen Roberts, who retired from Cal State L.A. in 2013, served as the administrative analyst specialist for the Academic Senate office for 32 of her 47 years of employment on campus. She demonstrated a commitment to faculty governance through her tireless efforts in administering the affairs of the Academic Senate. She was a valuable resource to faculty and administrators as the keeper of institutional memory, continuously updating the *Faculty Handbook* online and in print, but mostly storing everything in her own memory bank. If there was a question about campus policy, Eileen was the one to contact.

Eileen R. Stein, who retired from the University as the regulatory compliance and research advancement analyst in the Office of Research and Development in 2012, worked at Cal State L.A. for more than 32 years, the last 20 assisting faculty with external funding opportunities and coordinating the activities of both the Institutional Review Board—Human Subjects and the Institutional Animal Care and Use Committee, the committees that review and approve all faculty, student, and administrator human and animal research on campus. She has served as freelance editor of his publication for 19 years, continuing in that role in her retirement.

**Emeriti Association Gains Five New Members**

Four retired faculty members and one spouse have recently joined the Emeriti Association.

JAMES BOTTO
(Annual Emeritus Member)

CHARLES HOULT
(Life Associate Member)

JOSEPH PRABHU
(Life Emeritus Member)

PAUL ROSENTHAL
(Annual Emeritus Member)

ANDREW J. WINNICK
(Annual Emeritus Member)

We welcome them and look forward to their participation in Association activities.
Film and Theatre), Faye Landey (Education, Option in Bilingual/Multicultural Education), Selene Torres (Counseling, Option in Rehabilitation Counseling), Carly Marie Good (Anthropology), Monique Macaset (Nursing), Erik Blanco (Sociology), and Minh Nguyen (Nutritional Science).

After earning a B.A. in child development and working as a mentor and tutor for a teen program and as a co-teacher of an English language development class at West Adams Preparatory High School, Carina Vasquez, recipient of the Carol J. Smallenburg Emeriti Fellowship, decided to pursue a master’s degree in school counseling leadership. The degree will enable her to reach her goal to give students a sense of belonging and support that will motivate them and guide them to success. Living her entire life in low-income communities undoubtedly influenced her research on the impact of poverty and neighborhood characteristics on the educational experiences of Latino children.

Justin d’Agostino, whose goal is to become a professor of anthropology and a research scientist, is the recipient of the James M. Rosser Emeriti Fellowship. The recipient of several awards and scholarships from Cal State L.A., San Francisco State University, and Yale University, Justin has given poster presentations such as “Foraging Ecology of Primates in East Kalimantan” at the Gibbon Conservation Center, where he continues to volunteer, and has presented his research at the American Anthropological Association. An article, “The Ability to Associate Colors with Hidden Preferred Food Items: Testing in the family Hylobatidae,” is in review with the Journal of Animal Cognition. His documentary, Into the Jungle, which highlights his international research experience, was screened at the 2014 Cal State L.A. Student Film Festival.

The recipient of the Sidney P. Albert Emeriti Fellowship, Jekyns Pelaez, is studying for an MFA specialization in Television, Film and Theatre, and uses his extensive performance background as a teaching associate in Cal State L.A.’s Music, Theatre and Dance Department. From humble beginnings in Colombia, the seventh in a family with financial difficulties, he was enrolled by his mother at the age of 10 in the Instituto de Bellas Artes, where he studied dance and drama. In 1991, after graduating from the Incolballet (Instituto Colombiano de Ballet), he left for New York and began a career performing with more than 30 ballet companies around the world, including Colombia, where he received a Medal of Honor from the state government in 2008.

Currently with the Los Angeles Unified School District (LAUSD), Faye Landey, an Emeriti Fellowship recipient, is pursuing a master’s degree in education, with an option in bilingual/multicultural education in the urban classroom. Recognized for her leadership and service by the district, she continues to do volunteer tutoring, with much success; after convincing four male students to go back to school, all four graduated. Her mother, Marguerite Poindexter LaMotte, was a member of the LAUSD School Board from District 1 and a great influence in Faye’s life. In turn, Faye, who was a single mother, taught her two sons about the value of education, and they are now both in college.

Selene Torres, who will receive an Emeriti Fellowship, is a graduate student in the rehabilitation counseling program. She has already begun working as an academic adviser for the TELACU (The East Los Angeles Community Union) Veterans Upward Bound program, where she helps them to transition to higher education by providing academic advisement and assessing their skills for potential careers. As a member of the Rehabilitation Counseling Association, she held the positions of treasurer and vice president while involved in community service. Although her goal is to work with the veteran population, she has also been working with the homeless and individuals with disabilities.

Another Emeriti Fellowship will be awarded to Carly Marie Good, a student in sociocultural anthropology, whose goal is to become a university professor. She wants to increase her understanding of how oppression in Latin America affects lives and to find ways to alleviate it. A graduate teaching assistant and a founder of the Sociocultural Club, Carly is a member of the Society of Latin American and Caribbean Anthropology, the Alliance for Global Justice, and the American Anthropological Association, where she has presented her original research. She continues to work as an organizer for Witness for Peace, a social justice organization, and volunteers at the John Cooper Archaeological Center and as a researcher for the Juaneño Band of Mission Indians.

Monique Macaset, who is studying to become a family nurse practitioner, will receive an Emeriti Fellowship. She has overcome financial and physical hardships, including heart surgery, to reach her goal. A graduate of UC Davis, she has volunteered at various health events and student-run clinics that provide free health care to Filipino World War II veterans and the underprivileged. In Los Angeles, she has volunteered at The Midnight Mission, Pyramid Autism Center, and Flu Shot Clinic, as well as at the Relay for Life. A musician, Monique played the trombone in her high school marching band and was a choir director. One of her future goals is to earn her Doctor of Nursing Practice degree.

The recipient of an Emeriti Fellowship, Erik Blanco wants to obtain a Ph.D. to become a professor and do research at the university level. He is focusing on health inequalities among the elderly due to race/ethnicity, social class, and gender. In his family, originally from Guatemala, Erik is the first to pursue a master’s degree. He graduated magna cum laude from Cal State L.A. and has received numerous awards. He has worked in the Sociology Department as an undergraduate teaching and research assistant, and currently tutors high school students and students in the Cal State L.A. Writing Center.

Minh Nguyen, who will receive an Emeriti Fellowship, studied pharmacy and became a pharmacy technician after graduating from UCLA. Although her plan was to go to pharmacy school, Minh realized that she wanted to help people prevent diseases rather than to focus on treating them. She decided to study nutritional science and, now at Cal State L.A., is in the coordinated dietetic program on her way to becoming a registered dietitian. She has volunteered with Project Angel Food and Meals on Wheels, and has been on a dietary team for Project Limón Nicaragua Volunteer Mission. A member of the Cal State L.A. Student Dietetic Association and the Academy of Nutrition and Dietetics, she was also elected to the Phi Kappa Phi Honor Society.

The first Leonard Mathy Fellowship in Economics will be awarded to Aria Golestani (Economics), whose ultimate career goal is to obtain a Ph.D. in behavioral economics in order to teach and conduct research in global economics. A graduate of the University of Tehran where he received a full scholarship, Aria has received special recognition in graduate studies at Cal State L.A. and was elected to the Omicron Delta Epsilon Economics Honor Society. He currently tutors students in economics, statistics, and mathematics at the Cal State L.A. Tutorial Center and has been an active member of Mahak, an organization that supports children with cancer and their families.

The recipients of the Memorial Fellowships are Luis Echeverrianaewberry (Counseling), Patty Lam (Public Administration), Angelica Hernandez (Political Science), Maria Bor-

Don’t Forget the Fellowship Fund!

Your contributions to the Emeriti Fellowship Fund keep working for Cal State L.A. graduate and undergraduate students. Recipients are selected each year, around Commencement week. They greatly appreciate these awards, now, more than ever, in these fiscally challenging times. Tax-deductible donations are welcome year-round, and may be sent to us at the University’s address.
Janet Schellhase Dial Named VP, University Advancement

Janet Schellhase Dial was appointed as the new vice president for university advancement, effective May 27, 2014. She serves as President Covino’s principal adviser on all advancement matters and as the executive director of the Cal State L.A. Foundation. As the University focuses on engagement, service, and the public good, Dial will play an important role in cultivating key partnerships and invigorating Cal State L.A.’s culture of philanthropy. Overseeing the Division of University Advancement, she will play a central role in enhancing the visibility, image, and public awareness of the University; convey a strong and consistent message about the University’s value; strengthen internal and external relationships to attract new sources of funding; and build lifelong relationships between Cal State L.A. and its alumni, parents, and supporters. For the past 28 years, Dial has been with the University of the Pacific in Stockton, where she served as associate vice president and interim vice president of development. She was also the campaign director for University of the Pacific’s capital campaign.

Eric Bullard Appointed Dean, Extended Studies and International Programs

Eric Bullard was named dean of the College of Extended Studies and International Programs, effective March 1, 2014. In this post, he works collaboratively with other college deans to seek opportunities to extend the University’s academic and certificate programs. This includes the development, design, marketing, and implementation of new programs to meet the needs of external constituencies in the local service area and worldwide. He also oversees the International Office and the English Language Program, serves as the campus liaison to Cal State Online, and works with other campus colleges to develop and offer innovative programs delivered in nontraditional formats, such as blended or fully online courses. Most recently, Bullard served as associate dean of the College of Continuing and Professional Education at CSU Long Beach, where he led academic programs, professional programs, the Technology Enhanced Learning Center, corporate and workforce education, marketing communications, and study abroad. He previously held administrative positions in continuing higher education at CSU San Marcos and CSU Bakersfield.

Farrell Webb Named Associate Dean, HHS College

Farrell Webb was appointed associate dean of the College of Health and Human Services, effective February 3, 2014. He comes to Cal State L.A. from Kansas State University, where he was a professor of family studies and human development since 1994. Previously, he taught sociology at New York University, social sciences at Bloomfield College, and social sciences at the City University of New York. While at Kansas State, he served as director of the Bridges to the Baccalaureate program and spent three years in the Office of the Provost as ombudsperson.

Additional Organizational Changes

For the Division of Academic Affairs, Cheryl Ney is currently serving as interim provost and vice president for academic affairs, in place of Ashish Vaidya, who is now special adviser to the president for regional economic development. Rennie Schoepflin has replaced Ney as interim associate provost while continuing as the coordina-

Tommie Smith and John Carlos To Be Honored at October 11 Billie Jean King Gala

The 17th annual Billie Jean King and Friends Dinner, Auction, and Awards Gala will be held on Saturday, October 11 at the Langham Huntington Hotel in Pasadena. This year, the Joe Shapiro Humanitarian Award will be presented to Olympic track and field medalists and civil rights advocates Tommie Smith and John Carlos.

Smith won the gold medal and Carlos claimed the bronze in the 200 meters at the 1968 Olympic Games in Mexico City, and their gestures on the medal stand became one of the most iconic—and controversial—moments in the history of the Olympics. They raised black-gloved fists and bowed their heads during the playing of the national anthem in a protest designed to bring attention to the treatment of African-American people in this country and to show solidarity with people fighting internationally for human rights. They were criticized for their actions at the time, but are now considered to be icons of the civil rights movement. Both men eventually earned advanced college degrees. Smith taught in college for three decades, while Carlos worked as a high school guidance counselor.

In 2005, a statue of Smith and Carlos was unveiled on the campus of San Jose State University, where both were track and field student-athletes. In 2008, on the 40th anniversary of the 1968 Olympic Games, Smith and Carlos were honored at the 68th Annual Democratic National Convention. Their work together continues to inspire and challenge people to demand an end to racism and discrimination.

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Eleven Faculty Members Join the Emeriti Ranks

The following 11 recently retired faculty have been awarded emeritus/a status:

- **THEODORE S. BELL** (Psychology, 1998-2014)
- **ROBERTO CANTÚ** (Chicano Studies and English, 1976-2014)
- **STEVEN L. GORDON** (Sociology, 1977-2014)
- **G. SHIZUKO HERRERA** (Theatre Arts, 1990-2014)
- **CAROL S. JEFFERS** (Art, 1993-2014)
- **JANET LEVER** (Sociology, 1990-2014)
- **RUBEN QUINTERO** (English, 1998-2014)
- **LE D. TANG** (Technology, 1986-2014)
- **DALE WEAVER** (Social Work, 1998-2014)
- **CHIVEY C. WU** (Mechanical Engineering, 1983-2014)

We congratulate them and hope to welcome them into the membership of the Emeriti Association.

Erratum

The spring issue of The Emeritimes incorrectly reported Lih-Minh Hsia’s newly awarded emeritus status as Lin-Minh Hsia. The editor regrets the error.
This year, Cal State L.A. ranked ninth, with nine alumni currently serving in the Peace Corps. Since the Peace Corps was established in 1961, 141 alumni from Cal State L.A. have traveled abroad to serve as volunteers. Cal State L.A. has also been instrumental in helping to shape the Peace Corps organization and its approach to international peace and development through training in the early, formative years. California is home to seven of the top 10 HSIs in this year’s rankings. The state produces more Peace Corps volunteers than any other state nationwide. More than 28,000 California residents have served overseas as Peace Corps volunteers and 973 residents are currently serving.

16th Annual Distinguished Women Awards

On May 15, 11 faculty, staff, and administrators were honored at Cal State L.A.’s 16th annual Distinguished Women Awards ceremony. Sponsored each year by the Cross-Cultural Centers and the University-Student Union, this event recognizes University women employees for achievements in their fields, as well as other accomplishments, including contributions to Cal State L.A., commitment to students and women’s issues, community involvement, and professional recognition. This year’s honorees were Maria Costa (Modern Languages and Literatures), Jonna Fries (Student Health Center), Lai Leung (Scheduling), Juanita Lewis (Information Technology Services), Gloria Mendoza (Academic Affairs), Rosemary Rodriguez (Sociology), Lianne Salerno (Registrar’s Office), Molly Taltoc (Sociology), Pat Tom (Economics and Statistics), Gail Washington (Nursing), and Ping Yao (Asian and Asian American Studies).

Television, Film & Media Center Opens

Last spring, Cal State L.A.’s new, state-of-the-art Television, Film & Media Center opened in grand style, with a ribbon-cutting and public tours of the 2,300-square-foot sound stage and 3-D motion capture studio, digital audio recording and mixing rooms, projection and screening rooms, computer lab, and conference and collaboration spaces. During the festivities, a Hall of Fame showcase was unveiled, recognizing industry contributions and achievements by Cal State L.A. alumni, including nine Emmy Award winners, among them Julian Gomez, Laurie Lopez-Tixier, Michael Schultz, and Collin Taylor. Media guests also attended the opening, helping to spotlight Cal State L.A.’s success in equipping students for careers in the entertainment industry through innovative resources and industry partnerships for more than five decades. The building is the new home of the MFA in television, film and theatre program—the only one of its kind in the nation that brings together directors, writers, and actors in the entertainment industry as cohorts—and the undergraduate and graduate programs of the Department of Television, Film and Media Studies. Nearly 700 students are currently enrolled in the department, while more than 1,400 alumni are working in Hollywood.
Health Briefs

Memory and Aging
By Marilyn Friedman

At a recent executive committee meeting of the Emeriti Association, I asked for suggestions on what I should write about for this column. After writing on more than 25 different health brief topics, I was running out of new areas to cover. Dorothy Keane very quickly responded to my question with “Memory. We’re all interested.” She could have added, “And experiencing changes as we age.”

Well, it’s true and inevitable that as we age, we notice some changes in our ability to remember things, like going into the kitchen and not remembering why, or meeting a friend and not being able to recall his or her name initially. This can be quite unsettling, but, alas, is quite normal and usually not a signal of something worse to come. In fact, it has been shown that the brain keeps making new cells and connections among them throughout life; retrieval from one’s memory bank does slow, but the ability to learn is still there. Researchers found that perceptual speed (being aware of and processing information), spatial ability (following directions correctly while driving or walking), and verbal ability decline with age. The first change most individuals notice is processing speed. As processing speed slows down, it may seem like memory becomes worse, but it just means that the processing takes longer.

Why do some people experience a greater cognitive decline than others? Genes clearly play a large role here. In addition, emerging research is showing that lifestyle changes and other strategies, as explained below, are useful in keeping mental decline at bay and minimizing the risk of more serious cognitive impairment and dementia. One thing that is clear from research findings is that what helps your cardiovascular system function well also seems to benefit your brain and help protect it from disease.

Here’s the latest thinking about how to promote brain health.

Exercise: Increasingly, engaging in regular physical exercise is seen as the single best lifestyle change for memory and cognitive preservation. Exercise not only has a potentially direct benefit on the mind, but also helps manage other indirect risk factors such as depression, stress, hypertension, and high cholesterol.

Diet: Numerous population-based studies suggest that people who eat a diet high in fruits, vegetables, nuts, red wine, and omega-3 fatty acids—and low in saturated fats—have a reduced risk of dementia of any type. Dietary factors are clearly important, and the Mediterranean diet seems more beneficial than the standard Western diet.

Cognitive Engagement (being mentally active): Observational studies have consistently found that people with an active life—mentally, physically, and socially—tend to be healthier and have a lower risk of mental decline and dementia as they age. Use it or lose it; the old adage also applies to mental ability. Challenging the brain with mental exercise is believed to activate processes that help maintain individual brain cells and stimulate communication among them. The activities that are most beneficial are not the routine activities we engage in, but the novel ones. It is better to try to keep expanding our range of experience and knowledge.

Treating Depression: Depression is a common health problem among older persons, especially those with chronic health problems and disabilities. Depression needs to be treated. Not only does depression impair mental vitality, but it can actually cause severe memory problems.

Other lifestyle changes in the areas of sleep, social connections, smoking, and alcohol consumption: Getting adequate sleep, having good social connections, limiting alcohol consumption, and not smoking are also lifestyle strategies that promote brain health.

See HEALTH BRIEF S. Page 12

President’s Message (Continued from Page 1)

outstanding, allowing us to get a glimpse of his academic expertise in rhetoric. His wife’s remarks were a poster of what makes Cal State L.A. an important institution of higher education in Los Angeles. To have so many dignitaries from throughout the state experience our campus and what it has to offer made one proud.

At our spring luncheon annual meeting, we conducted our election of Emeriti Association officers and at-large members. The outcome of the election is reported in an article and reflected on the masthead in this issue. I thank you for electing me for this second year as president, and look forward to working with an outstanding executive committee to represent you.

We also had some modifications to our Constitution bylaws (see article on page 2). We have tried to clean up the language regarding membership. In the past, we had various categories of membership tied to donations, which was confusing to our members. We have now separated donations from annual dues. Annual dues categories for membership are Emeriti (regular) and Associate, including spouses of members. There was also approval of a slight increase in dues: $30 for Emeriti, $30 for Associate members, and $250 for Life membership. We do not have the envelopes printed yet, so there will not be an annual dues envelope included with this issue of The Emeritimes.

In addition, we finally institutionalized the position and mode of selection for a Life Executive Committee Member. We have been awarding this honor to deserving emeriti, but it was not in our bylaws. The modification was approved at the spring luncheon meeting, and I am happy to say that the Executive Committee unanimously approved awarding this honor to two current Executive Committee members: Frieda Stahl and Donald Dewey. Frieda and Don have made outstanding contributions to our Association over many years and continue to do so. Congratulations to both of them!

Having been on campus often during this year, I have been impressed with the positive outlook and the positive attention our campus is getting in the press. President Covino’s commitment to “engagement, service and the public good” is obvious. He is bringing the campus to the local community and bringing the local community to the campus.

The Emeriti Association also contributes to the community-at-large through our LifeLong Learning Program. I recently attended a panel discussion on global warming and climate change given by emeriti colleagues Harold Goldwhite, Ted Crovello, Joe Casanova, Dimitri Margaziotis, and Marty Epstein, and facilitated by Peter Brier. Held at the Hollenbeck Palms retirement community, it was an outstanding presentation, followed by an engaging discussion with those who attended.

Until next time, enjoy this issue of The Emeritimes and remember to donate to our Fellowship Fund so we can continue to give financial assistance to worthy students. If you wish to contact me, I can be reached at dkeane@calstatela.edu.

Dorothy Keane
Harley Randall Butler, emeritus associate university librarian, died peacefully at age 86 on May 3 in Hercules, California, where he had resided since retirement. His companion of 58 years, Bill Tummel, was with him. Randy was a campus librarian from 1954, when the Library was on the Vermont campus, until 1985.

He was born in Lemars, Iowa in 1927 to Lucille and Clay Butler. During World War II, the family moved to Richmond, California, where Randy graduated from high school. After service in the U.S. Navy, he enrolled at UC Berkeley, where he earned a bachelor’s degree in history in 1951, a master’s degree in 1952, and a bachelor of library science degree in 1954. He was recruited to the Cal State L.A. campus fresh out of Berkeley as the circulation librarian, soon moved to acquisitions, and then helped to oversee all of technical services. He spent most of his long career, and retired, as associate university librarian, responsible for all internal library operations and acting on the university librarian’s behalf in his absence.

William Eshelman, who was instrumental in hiring Randy, said in his 1997 memoir, No Silence! A Library Life: “Randall Butler proved to be one of the best librarians I ever recruited. . . . He was highly intelligent, serious, and capable . . . . He was demanding, but always fair; he held the respect of virtually everyone on the staff . . . . His counsel . . . was always sound and cogent.”

Randy’s special enjoyments were said to be international travel, creating annual library budgets, and cigars in the privacy of his office. To his family, he was a walking encyclopedia of Butler family history. The few survivors will miss his tales told with vivid details at family gatherings.

Two sisters and one brother preceded him in death, so he is survived only by his companion Bill, brother Clay, sister Bonnie, and a multitude of nephews and nieces. A memorial service was held on June 14.

William Manning Cole, emeritus professor of safety studies, died suddenly on August 1 in Temple City, at the age of 84.

Born on April 11, 1930 in Los Angeles, Bill graduated from Eagle Rock High School and joined the U.S. Navy Reserves in 1948. He was called to active duty during the Korean War, where he was a radioman on the **USS Helena**. Following his military service, Bill continued his education, receiving his B.A. in 1954 from UC Santa Barbara, M.A. in 1960 from Los Angeles State College, and Ed.D. in 1976 from Texas A&M University. He joined the faculty at Cal State L.A. in 1964, and taught first in the Department of Health and Safety Studies and, later, in the Department of Criminal Justice and Safety Studies, ultimately Criminal Justice, until his retirement in 1992.

Bill is survived by his children Kenny, Michael, Vicki, Julie, and Jeannine, and six grandchildren. His funeral was held on August 14 at Arcadia Presbyterian Church, with burial at Riverside National Cemetery in Riverside the following day.

Fred Pyrczak, Jr., professor emeritus of education, died peacefully in Glendale on July 30 at age 69. He served with distinction as a singularly gifted instructor in both teaching and publishing.

Fred began his career at Cal State L.A. in 1970, shortly after completing his doctorate in psychology at the University of Pennsylvania in 1972. His baccalaureate was earned at West Chester State College in 1966. He taught seven different courses at Cal State L.A., primarily in statistics, testing, research methods, and computer literacy in the Department of Educational Foundations, which later became the Division of Educational Foundations and Interdisciplinary Studies. He was one of the few faculty members in the division to secure external grant funding and serve as a principal investigator. He also served as chair of the division.

Fred’s sense of humor served him well not only in his teaching, but in his publishing efforts. His first book, *Statistics with a Sense of Humor*, is still widely used nationwide after 20 years because it has been so successful in demystifying what had been an impenetrable topic for generations of students. He didn’t write texts with the standard 13 to 16 chapters corresponding to weeks in a semester. Rather, he broke content into 60 or more smaller chapters. When asked what his secret was, he said that, as many Cal State L.A. students are adult learners, “You need to change the program every 20 to 30 minutes.” He knew that many students would put off their reading until the dreaded midterm or final, so he gave short quizzes weekly to keep students on track. So successful were his endeavors at publishing (at least 68 journal articles, books, and book chapters at Cal State L.A. alone), that he founded Pyrczak Publishing before retiring, where he continued to author, publish, and distribute numerous related academic books. Many of his colleagues were sad to see this gifted professor retire in 2001 after what was already an outstanding academic career. However, they were consoled by the fact that he went on to share his gifts and instructional approach with tens of thousands of students and faculty throughout the country instead of the hundreds he taught at Cal State L.A.

Before he left Cal State L.A., Fred’s colleagues begged him to serve again as chair because of his leadership qualities. Although he declined, he shared his gifts with some of the faculty by mentoring them, and for that they
are eternally grateful. Even after retirement, Fred remained involved with his University colleagues. According to Slovacek, a couple of times a year, a group of former Educational Foundations chairs would get together socially for a splendid lunch and heartfelt sharing of their lives. Fred had stopped drinking wine at the lunches more than a decade ago, saying that he always waits until the sun goes down before the first glass. This was not an aversion to drink, Slovacek explained, but was driven by a lifelong commitment to hard work and productivity. Ever the workaholic and brilliant entrepreneur, the thought of cutting short the productive and creative part of the day was unpalatable to Fred. Things were always in their proper place with him, and his commitment to academic scholarship never wavered. Up until two weeks before he died, he was sitting in his wheelchair dictating edits to his staff for yet another publication. But this generous man always made time for good food, gardening, and his friends.  

Fred’s funeral was held on August 8 at Forest Lawn Cemetery. He is survived by his longtime partner, Randall Bruce; his sister, Suzanne; and a niece and nephew.

GUNJIT S. SIKAND  
Professor of Civil Engineering, 1958-1981

Gunjit S. Sikand, emeritus professor of civil engineering, died peacefully from natural causes on April 29 at the age of 86. It has been said that when one dies, he or she becomes larger than life. His grieving family finds it difficult to imagine someone more dynamic than the entrepreneur, philanthropist, mentor, husband, and father they knew.

Born in Patiala in 1928 in the Punjab region of India, Gunjit was the youngest of six children of a judge and civic leader. He was the first member of his family to emigrate at 17 to attend Alabama Polytechnic Institute, now Auburn University. After graduation in 1950, he relocated to Boulder, Colorado, where he received an M.S. degree from the University of Colorado in 1953. There he met his wife Margarete, to whom he was married for 61 years. They moved to California, where Gunjit founded Sikand Engineering Associates in 1958. This company is now in its 56th year. That same year, he began teaching civil engineering at what was then Los Angeles State College. He continued to teach until his retirement in 1981. During that period, Gunjit was able to give employment and internship opportunities to many of his students, some of whom are still employed there. In addition to his other pursuits, he founded and operated Sikand Properties and its successor, MG Enterprises, LLC, to develop and manage residential and commercial properties.

Because of his genuine concern for the welfare of the communities that supported his goals throughout the years, Gunjit established The Sikand Foundation in 1988. Perhaps his greatest legacy, this foundation contributes annually to hundreds of worthwhile charities. Its goal has been to afford care, education, and humanitarian services to the needy, and it will continue its mission for future generations that will honor the lives of Gunjit and Margarete.

Those who came in contact with Gunjit were impressed by his keen mind. However, he was most clearly defined by his passion to work tirelessly to achieve his goal of being the ultimate provider for the community and his family, employees, and students, as well numerous charitable causes. He contributed. His goal was to leave the world a better place.

Gunjit is survived by his wife Margarete; children Mark, Renée, and Annette and their spouses; and two grandsons. He was the eldest surviving member of his large family in the United States and abroad.

PATRICIA BATES SIMUN  
Professor of Education, 1968-1991

Patricia Bates Simun, professor emerita in the Division of Educational Foundations and Interdivisional Studies, died on January 27 at the age of 84. She was highly respected by both students and colleagues in what was then the School of Education. Her expertise in statistics and research methodology contributed to the graduate programs in every division in the school. She chaired numerous thesis committees, working tirelessly with individual students. She edited numerous journals and scholarly publications in her discipline. She was involved in program evaluation in local school districts. She also served as chair of the Department of Educational Foundations from 1983 to 1986.

Pat grew up in Wheeling, West Virginia, receiving her B.S. from Western Virginia University in 1952. She earned an M.A. in counseling and a Ph.D. in social foundations in education and educational research from the University of Pittsburgh in 1962 and 1967, respectively. Her early working experience included teaching at Onward Union High School in Pittsburgh and serving as assistant placement director at Carnegie Mellon University.

In the early 1960s, Pat married and moved to California. She had two daughters, of whom she was extremely proud. She was active in social justice issues, particularly civil rights and worker’s rights. She was very active in the ACLU, NAACP, United Farm Workers Union, and Southern Poverty Law Center. She was very involved in student integration in the public schools, serving on several committees for Los Angeles Unified School District, including the Citizens’ Committee on School Integration, which was charged by the school board to develop and recommend plans for reducing racial isolation of students in the district. She was an active supporter of environmental causes, including Greenpeace, Heal the Bay, Environmental Defense Fund, Tree People, and Rainforest Alliance. When Greenpeace dedicated its new airship to her brother, A.E. Bates, she was thrilled to be among the first to ride in it. Among the awards that recognized her social activism was a human relations award from the City of Los Angeles in 1980.

When her children were young, Pat got together with other parents to start alternative schools, the forerunner of the charter school movement. She received a certificate of merit for Mid-City Alternative Schools in 1982.

Pat and her husband, Richard, whom she lost in 2013, were great supporters of music, contributing to the Clark Early Music Library, Los Angeles Opera, Los Angeles Philharmonic, Los Angeles Chamber Orchestra, and public school programs at Westlake High School and Redondo Union High School.

After she retired, Pat was an avid volunteer, giving most of her time to the Page Museum in Los Angeles. She worked her way up from guide to docent to cleaning fossils in the lab and digging up new fossils in Tar Pit 91. See IN MEMORIAM, Page 10.
In Memoriam (Continued from Page 9)

was awarded the title of Volunteer of the Year from the County of Los Angeles. Her memorial service at the Page Museum was standing room only.

She is survived by her daughters Mary and Ann, her son-in-law, and two grandchildren.

EMIL PETER WROBLICKY
Professor of Physical Education and Football Coach, 1956-1987

Emil Peter Wroblicky, emeritus professor of physical education, died on March 22 at the age of 89. In addition to his Cal State L.A. teaching and coaching, he was very active in civic affairs, as evidenced by the many honors he received from his Pacific Palisades community.

Born in Harvey, Illinois on August 12, 1924, he graduated from Thornton Township High School in 1942.

He served in the 4th Marine Division in the Pacific during World War II, at Roi Namur and Kwajelein Atoll in the Marshall Islands, and then was transferred to the 6th Marine Division at Guadalcanal, the division that went on to the Caroline Islands and, later, the Easter Sunday landing on Okinawa on April 1, 1945.

Following the war, Emil used the G.I. bill to attend Drake University, where he played football, obtaining his B.S. degree in 1950. That year, he married Alice, his wife of 64 years, before moving to South Bend, Indiana to continue his education at the University of Notre Dame. There he was an assistant coach for the freshman football team under Frank Leahy. He earned his M.A degree in 1951.

In the fall of that year, Emil and Alice moved to California, where Emil taught and coached at St. Monica High School before beginning his Cal State L.A. career in 1956 as a faculty member and football coach. Having three sons, Emil also coached in the Pacific Palisades Little League and youth basketball, and was involved with the Boy Scouts.

Evidence of Emil’s devotion to and love of coaching can be found in the words of a former student athlete, who wrote in the online memory book about his recent encounter with his old coach. As soon as he identified himself to Emil, “without a moment’s hesitation, he asked me if I remembered a baseball play I had luckily made at St. Monica’s nearly 60 years earlier.”

As his sons moved on to college, Emil began his involvement with American Legion Post 283, where he was the post commander in 1996 and Legionnaire of the Year for the State of California in 2000. He was also chair of the Citizens Flag Alliance for the Department of California. He continued to serve the legion post and the community of Pacific Palisades until his death. Among his activities and projects were the Palisades Fourth of July Parade, visiting the local elementary schools on Veteran’s Day, and Legion dances. In 1999, he was inducted into the Drake University Athletic Hall of Fame. In 2002, he received the Special Achievement Award for Dedicated Service to Pacific Palisades. Emil also served from 2003 to 2006 as a committee member for the National Salute to Bob Hope and the Military. He was awarded Citizen of the Year by Pacific Palisades in 2006.

Emil is survived by his wife Alice; sons Daniel, Philip, and Steven and their spouses; nine grandchildren; four great-grandchildren; and extended family back east with whom he maintained regular contact over the years. As one such family member wrote, “Whenever I see that Dos Equis commercial featuring ‘The Most Interesting Man in the World,’ I laugh to myself at that pose, as I believe all of us who have had the good fortune to know my Uncle Emil would say he holds that title.”

Funeral services were held on March 29 at Corpus Christi Church in Pacific Palisades.

Sylvia Teich Horowitz
Lecturer in Chemistry, 1970-1995

Sylvia Teich Horowitz, lecturer in the Department of Chemistry and Biochemistry, died in Pasadena on May 2. At 91, she was still the high-spirited, witty, and intelligent woman of many interests and skills.

Born in Brooklyn, New York to immigrant parents, Sylvia graduated from Brooklyn College in 1943, where she was a fine athlete, nicknamed “Dynamite.” She earned her Ph.D. in organic chemistry from Columbia University in 1949, which was rare for a woman.

A member of the Cal State L.A. faculty for a quarter of a century, Sylvia lectured enthusiastically to thousands of biochemistry students. She co-authored a laboratory manual with Margaret Manatt.

In retirement, she co-authored a book on the science of cancer, and continued her intense and varied interests in Yiddish poetry, art, travel, literature, music, theater, and gardening. That a serious chemist was also a superb cook was no surprise to those who shared her table. She left an indelible mark on all who knew her.

Sylvia is survived by sons Jonathan, David, and Daniel, grandson, brother, and many nieces and nephews. Her husband of 39 years, Robert, died in 1993. Services were held on May 8 at Mount Sinai Memorial Park at Forest Lawn Cemetery.

EARL D. JACOBS
Professor of Physics, 1954-1964

It has recently come to the attention of the Emeriti Association that Earl D. Jacobs, former professor of physics, died in his sleep on July 3, 2008 in Pasadena, at the age of 77. He was the first physicist hired as both faculty and Physics Department head at Los Angeles State College when the present campus first opened in 1954.

Born in Chicago on June 13, 1931, the son of Martin and Elsie Jacobs, Earl received his B.S. in 1953, M.S. in 1954, and doctorate in physics in 1956 from the University of Chicago. After teaching at MIT and Stanford, he joined the Los Angeles State faculty and served as chair of the Physics Department from 1964 to 1968.

Earl’s research focused on the development of new techniques for the measurement of fundamental constants of nature, and he was instrumental in the founding of the Research Corporation’s National Academy of Science’s Summer School for Undergraduates in Physics. He was a member of the American Physical Society, the American Association for the Advancement of Science, and was a fellow of the Institute of Physics.

A dedicated teacher, Earl is survived by his wife, Judi, and their son, Jonathan. Services were held on July 18 at the congregation of Congregation Beth El in Pasadena. He is survived by his wife, Judi, and their son, Jonathan.

See IN MEMORIAM, Page 12
Investiture Week activities, clockwise from upper l.: Billie Jean King and Rosie Casals at the groundbreaking for the Rosie Casals/Pancho Gonzalez Tennis Center, the first major construction project for the Billie Jean King Sports Complex; Maria Elena Durazo, Los Angeles County Federal Bureau of Labor, AFL-CIO, delivers the Academic Senate’s inaugural Distinguished Lecture on Engagement, Service, and the Public Good; Kevin Baaske, Senate chair, during the Investiture ceremony processional; CSU Chancellor Timothy P. White addresses the Investiture gathering; ribbon-cutting at the grand opening of the Hydrogen Research and Fueling Facility; David Sandoval and Charon D’Aelio Sandoval with President William A. Covino at the naming of the Charon D’Aelio Sandoval and David Sandoval Student Services Center; ribbon-cutting at the opening of the Center for Engagement, Service, and the Public Good. Center: President Covino delivers his Investiture address.
In Memoriam (Continued from Page 10)

physics in 1961 from Caltech. Active in the Faculty Council, predecessor to the Academic Senate, he taught at Cal State L.A. until 1964, when he left the University to work in industry, where he was active for many years and created several patents. During his later years, he was a volunteer and resident in Idyllwild, California. He was survived by his wife, children, and grandchildren.

Word was received at press time about the death of Beverly Yerrington Warner, emerita professor of physical education, on March 23 at Cherish House Retreat in Cambria, California, at the age of 96. A full obituary will appear in the winter issue.

Reminder: Dues Policy

The Emeriti Association’s fiscal year extends from July 1 to June 30. Dues paid between June 1 and June 30 are credited for the coming fiscal year starting July 1. Dues paid on or before May 31 are credited to the current fiscal year.

Billie Jean King Gala (Continued from Page 5)

Carlos received the Arthur Ashe Courage Award at ESPN’s Espy Awards.

The Billie Jean King and Friends event is the major fundraiser for the Cal State L.A. Athletics Department, with proceeds benefiting the student-athlete scholarship fund. The Shapiro Award is presented in memory of Joe Shapiro, who worked enthusiastically to assist student-athletes in reaching their educational and athletic goals. The Shapiro Award is given annually to an individual whose work and service to the community promote a positive and lasting impact. Past recipients have included King, Maxine Waters, Chris Evert, Sally Ride, Chris Evert, Patricia Cornwell, Maria Shriver, Anne Douglas, Frank Deford, Rafer Johnson, Mary Carillo, Jackie Joyner-Kersee, and last year’s honorees, Joan Johnson and Scotty Deeds. A special reduced price of $200 is available for emeriti. For information on attending the event, contact Cal State L.A. Athletics, 323-343-3080.

Bylaws Changes (Continued from Page 2)

July 1 to June 30. Dues paid between June 1 and June 30 are credited for the coming fiscal year starting July 1. Dues paid on or before May 31 are credited to the current fiscal year.

Fellowships (Continued from Page 4)

den (Latin American Studies), and Helen Yip (Biology).

The recipient of the Jane Matson Memorial Fellowship, Luis Echeverrianeuberry, a U.S. Marine Corps veteran, is studying to become a vocational rehabilitation counselor in order to assist fellow veterans, service members, and their families. An undocumented immigrant as a child of eight, Luis has successfully moved from a background with limited resources to several areas in which he excels: as a volunteer (San Gabriel Valley Homeless Veteran Stand Down, Cal State L.A. Associated Students, Inc. as Veterans Commissioner, and other groups), as a scholar (member of Golden Key, Phi Kappa Phi, and Pi Lambda Theta honor societies, as well as a recipient of numerous scholarships), and as the single parent of two children.

Patty Lam, the recipient of the William E. Lloyd Memorial Fellowship, whose career goal is to become a campus administrator, has spent two years working as an administrative support coordinator for the School of Social Work. An immigrant from Macau, China at the age of 10, Patty had many obstacles to overcome, including learning a new language and dealing with the death of her father. She focused on completing her studies at UCLA, where she continues to assist undergraduates and supervise students at volunteer events. Patty has been so successful in working with undergraduates that she wants to continue to assist others in a career center or areas dealing with student involvement.

The John L. Houk Memorial Fellowship will be awarded to Angelica Hernandez, whose career goal is to become an attorney and an elected official. As a student of political science and public administration, she was named a James R. Galbraith Public Affairs Fellow by the Edmund G. “Pat” Brown Institute and received the Hector Elizondo Scholarship in Political Science. Her volunteer efforts include the Neighborhood Legal Services of Los Angeles County at their Self-Help Center and Domestic Abuse Self-Help Services. As a policy intern at Hispanics Organized for Political Equality and the UCLA Labor Center, Angelica researched the Affordable Care Act and its impact on the immigrant community in California, and found that millions would not benefit from the Act. She developed a statewide resource guide of over 230 clinics and programs that serve the undocumented community. It has been published in both English and Spanish.

After a 19-year career in newspaper journalism, including assignment as a foreign correspondent in Mexico City for The Arizona Republic, Maria Borden, the recipient of the Mary Gormly Memorial Fellowship, returned to school to seek a master’s degree in Latin American studies, with the goal of becoming a nonprofit professional. Having parents who emigrated from Cuba in the 1960s, Maria’s journalism specialty became telling the stories of immigrants and those in our society who are disadvantaged. Her thesis will compare indigenous rights movements in Mexico and the U.S. She volunteers as a translator at the Harriett Buhai Center for Family Law, working with Latino clients, and at the Central American Resource Center (CARECEN) in Pico-Union. She has been elected to the Phi Kappa Phi Honor Society.

Helen Yip, recipient of the David Cameron Fisher Memorial Fellowship, is an immigrant from Canada. Although her degree in biology is from the landlocked University of Alberta, Helen found ways to enhance her knowledge of the marine world by volunteering at the Edmonton Aquarium and the Edmonton Valley Zoo, as well as at a paleobiology laboratory, where she explored different aspects of marine science. She plans to pursue a career as a marine educator, focusing on educating people about the natural world, including the challenges of global warming and the loss of biodiversity. She wants to improve science education and public understanding of how science supports policy by producing reliable answers.

Health Briefs (Continued from Page 7)

Last, I want to mention the strong connection between brain functioning and cardiovascular health. According to growing research that links dementia to vascular risk factors such as hypertension, high cholesterol, diabetes, and cerebrovascular disease, taking good care of your heart and vascular system may help preserve brain function in your later years. Research continues to highlight the importance of maintaining a healthy flow of oxygen- and nutrient-rich blood throughout the brain to reduce the risk or at least delay the onset of dementia and Alzheimer’s disease.

If there is concern about a family member or yourself regarding memory loss, other cognitive changes, or depression, receiving an evaluation from your doctor (with a referral to a specialist) is important. Managing blood pressure and cholesterol problems are vitally important too. Finally, the significance of having a positive attitude should be emphasized. Part of dealing with cognitive changes is acceptance and having a good sense of humor about one’s memory lapses. Age-related changes do occur, but that does not spell cognitive impairment. Learning new things just might take a little longer to achieve.