Seven Emeriti Fellowships Awarded

Publicizing the availability of 2001-02 Cal State L.A. scholarships on the Internet, as the University did for the first time this year, seems to have paid off: the Emeriti Association processed nearly triple the previous number of applications and allotted to seven students $622 each, the amount needed to cover Fall Quarter 2001 registration fees for California graduate student residents, or up to half the fees charged international students.

Recipients of Emeriti fellowships are: Irania Alarcon (Biology), Timothy Bengford (Music), Xiaoming Lu (Nutritional Science), and Courtney Spikes (History). The William E. Lloyd endowment is funding the fellowship of Julie Kang (History), and the Jane Matson Memorial Fund those of DeShawn Fuller (Counseling, option in Applied Behavior Analysis)

See EMERITI FELLOWSHIPS, Page 12

Herman Lujan, Cal State L.A.'s new provost and vice president for academic affairs, will be the featured speaker at the Emeriti Association's Fall Luncheon on Wednesday, September 19, from 11:30 a.m. to 2:00 p.m. at the Roybal Institute for Applied Gerontology, Salazar Hall C120. His talk is entitled “Achieving a Balance Between Tradition and Change.”

Lujan was president of the University of Northern Colorado and chief academic officer of the Connecticut State University system, where he was chief liaison to the leadership of the four system campuses and the Connecticut Board of Governors for Higher Education. His diverse and extensive experience at all levels of university administration includes particular expertise in university and academic governance, institutional and statewide policy, strategic planning, governmental and business relations, community leadership, and assistance to trustees.

During his tenure as president of the University of Northern Colorado, Lujan rebuilt the reputation of that school as Colorado’s premier teaching university and stabilized its $120 million budget while dramatically improving private sector support. He was also a driving force in forming a coalition of university presidents to improve relationships with the Colorado legislature.

Fall Faculty Day Set for September 17

President James Rosser will welcome faculty back to the campus on Monday, September 17 at 9:00 a.m. in the Luckman Theatre. Highlights of the morning’s activities include the announcement of the Outstanding Professor Awards and the introduction of new faculty. Brunch will follow at 10:00 a.m. on the Street of the Arts.

All emeriti are invited to participate!

Don Moore Crashes Plane, Lives to Tell About It

Story on Page 3

Fall LUNCHEON AND ANNUAL MEETING

WED., SEPTEMBER 19, 2001
11:30 A.M. TO 2:00 P.M.
ROYBAL INSTITUTE FOR APPLIED GERONTOLOGY
SALAZAR HALL C120
COST: $12 PER PERSON

Send check, made payable to the Emeriti Association, no later than Friday, September 14, to Don Dewey, c/o Department of History, Cal State L.A. For more information, call Don at 323-343-2022 or the Department office at 323-343-2020.
President’s Message

The Emeriti Association has begun planning for a website that will give a brief résumé of our contributions to the University, and record current activities and sometimes inermitis of our emeriti, whether members of the Association or not. There had been fleeting discussions of such a project, but they came into focus recently when Dorothy Keane wrote that she was shocked to learn of the death of a former colleague while reading her husband’s copy of the spring Emeritimes. She had in recent years lost touch with June Oxstein. Hopeful that a physical presence through a website might serve as a reminder to reach out to former colleagues and to remain connected to active colleagues in our departments and the University community, Dorothy proposed to help us establish one. The Executive Committee happily approved her proposal at our June meeting.

A website is only as good as the up-to-date information that it provides, and that’s where you readers come in. Please begin jotting down information on yourself: what you’ve been doing in retirement, continued professional activities, social and cultural activities, contributions to your community, etc. By sending us these ideas, you will enrich The Emeritimes at the same time that you provide ideas for the website. You might go online and into print with the same fact-filled memo, letter or email.

This is also a good time to bring you up to date on Senate policy regarding your personnel files. I came on the Executive Committee as historian/archivist, and soon Academic Senate representative, with the assignment of encouraging University policy for the preservation of our personnel files. This was fairly readily achieved in April 1998 and then, sadly, my chief function became the writing of obituaries. For selfish as well as humanitarian reasons, I agreed with the member who complained that there were too many obituaries in the Emeritimes! Senate policy approved by the President provides the following: “Files of all faculty unit employees who are on the faculty five or more years will be kept in the appropriate dean’s office for a period of five years after the faculty member has ceased being an active member of the faculty in any way (including FERPIng)....The faculty member, at the time of separation, shall review the file, indicate any material considered by the faculty member to be sensitive, and sign an agreement that the rest may be kept after five years as an historical archive. Once the five years have passed, the sensitive material will be removed and destroyed by the dean or designee, and the file shall be archived in the University Library in perpetuity. Scholars and researchers will be granted access to the archived faculty files under special collections procedures.”

The policy remains in that pristine condition, never implemented so far as I can tell. My goal is to force its implementation before I become Emeriti president emeritus. For this I need your help. The Library cannot accept personnel files until the faculty member has removed anything that he or she wishes removed. Since I don’t believe that any dean has asked a retiring colleague for such a waiver, as we become unable for mortal reasons to file such a statement, our files go into limbo and a part of institutional history is lost.

I urge those of you who come to campus on occasion to insist on reviewing your file in the dean’s office, remove what you do not want to be included in University archives, and insert a statement requesting that the remaining material be forwarded at the appropriate time.

If you don’t come to campus and you are fairly confident that your file contains no unpleasant surprises, you might be willing to submit a statement that you wish to have your file placed in the archives as is. I have already placed such a statement in my file, though admittedly I have had more than the customary access to my file over time. Another option would be for you to give written authorization for a trusted colleague who is still on campus to excise your file. You don’t want mine to be the only personnel file that makes its visit to the archives, do you?

If I am to complete the grateful recognition of the active members of the Emeriti Association before this forum is passed on to my successor, I can’t let even one issue appear without a partial list. Moving us to the middle of the alphabet are Herb Landar, Rob Langston, Marilyn Lemon, Sti Levitan, Jane Lewis, Robert Lewis, Charles Leyba, Randy Lindsey, Peter Lockett, Bill Long, Irwin Lublin, Don Malcolm, Ed Maljanian, Morris Mano, Rosemarie Marshall, Mildred Massey, Len Mathy, Lamar Mayer, Vince Mazzucchelli, Bob Meade, Jay Metcalf, Milton Meyer, Bob Miller, Jack Misner, Irene Molloy, Lorraine Monnin, Don Moore, Alfredo Morales, Ron Morris, Don Mortensen, Tony Moya, and Paul Mu. Surviving spouses of life members include Patricia Little, Alice Lloyd and Mrs. King Luk.

Donald O. Dewey

The Emeritimes

ELLEN R. STEIN, Editor
DENNIS KIMURA, Graphic Designer

EDITORIAL BOARD
MARY GORMLY, LEON SCHWARTZ,
CAROL J. SMALLENBURG,
FRIEDA A. STAHL (Chair)

Address copy to:
Ellen Stein, Editor, The Emeritimes
Research and Sponsored Programs
California State University, Los Angeles
5151 State University Drive
Los Angeles, CA 90032-8253
Phone: (323) 343-3798
Fax: (323) 343-6436
Email: estein@cslanet.calstatela.edu

EMERITI ASSOCIATION EXECUTIVE COMMITTEE
DONALD O. DEWEY, President
LEON SCHWARTZ, Immediate Past President
BARBARA P. SINCLAIR, Vice President, Administration
CLEMENT PADICK, Vice President, Programs
ROBERT A. MILLER, Treasurer
JOHN THORNBURY, Secretary (VACANT) Corresponding Secretary
FLEUR B. YANO, Membership Secretary
LEON SCHWARTZ, Historian/Archivist
DONALD O. DEWEY, Academic Senate Representative
JOSEPH CASANOVA, Fiscal Affairs Chair and Database Coordinator
MARIE-ANTOINETTE ZRIMC, Fellowship Fund Chair
DONALD A. MOORE, CSU Academic Senate Liaison
MARY GORMLY, LEON SCHWARTZ, BARBARA P. SINCLAIR, CSU-ERFA Representatives
LAIRD ALLISON, CSULA-RPEA Representative
PETER BRIER, JACQUELINE FRANTZ, DON MOORE, ALFREDO MORALES, DON MORTENSEN, TONY MOYE, and PAUL MU. Surviving spouses of life members include PATRICIA LITTLE, ALICE LLOYD and MRS. KING LUK.

For information about the Emeriti Association, please call Donald Dewey at (323) 343-5970.
NSS Dean David Soltz Departs; Cardoza Named Acting Dean

David Soltz, dean of the College of Natural and Social Sciences, left Cal State L.A. in August to accept an appointment as provost/senior vice president for academic affairs at Central Washington University. Soltz’ academic career began at Cal State L.A. in 1974, when he joined the biology faculty. He served as chair of that department from 1981-88, but left to join the CSU Long Beach faculty as chair of biology in Fall 1988, and was named acting dean in 1995. In 1998, Soltz returned to Cal State L.A. as dean of the College of Natural and Social Sciences.

A national search to fill the position will begin this fall, with the expectation that the position will be filled no later than July 1 of next year. In the interim, Desdemona Cardoza, vice president for information resources management and professor of psychology, has been appointed acting dean. Cardoza has been the senior member of the executive officers of the University in terms of tenure, having served as vice president since 1993. During this time, the Division of Information Resources Management will report to the President.

Kuei-wu Tsai Named Dean of Engineering College

Kuei-wu Tsai, an internationally respected engineer and scholar, was appointed dean of the College of Engineering, Computer Science, and Technology, effective August 6. The College of Engineering and Technology was recently renamed after the creation of a Department of Computer Science within it. Previously, computer science existed as a degree program in the College of Natural and Social Sciences within the Department of Mathematics and Computer Science.

Tsai was most recently associate dean of engineering for undergraduate studies and a professor of civil engineering at San Jose State University. He is a registered civil engineer in both Taiwan and California, where he is also a registered geotechnical engineer. Selected as San Jose State’s Civil Engineering Professor of the Year in 1976, 1984, and 1992, Tsai received the university’s Outstanding Professor Award in 1992. In 1993, the National Civil Engineering Honor Society presented him with its highest honor, the James M. Robbins National Outstanding Teaching Award, and the San Jose State chapter of the Honor Society of Phi Kappa Phi awarded him the Distinguished Academic Achievement Award. He received the San Jose State University President’s Special Recognition Award in 1996.

Barry Dorfman Named Associate Dean, Research Administration

Barry Dorfman was recently appointed as associate dean of graduate studies and research—research administration and professor of physics. In this capacity, Dorfman assists Cal State L.A. in achieving its strategic objectives related to increased external funding, oversees the processing of all University grant and contract proposals, and heads the Office of Research and Sponsored Programs, which provides support for faculty and staff across the disciplines to pursue their professional activities. Dorfman comes to Cal State L.A. after 14 years at Cal Poly Pomona as a professor of physics and interim director of the Office of Research and Sponsored Programs. He was particularly successful in forging partnerships between Cal Poly Pomona and local businesses and community groups, and facilitating international partnerships with Russian universities.

Moore Survives Hesperia Crash Landing

By Frieda A. Stahl

Don Moore, our Emeriti Association ace, has been beset by the laws of physics and the caprices of meteorology; he crashed in his Piper Cherokee plane on August 1 in a post-midnight approach to an intended landing at the Hesperia airport. However, he prevailed over the threats of chemistry—no explosion, no fire. By aviation lore, this was a good landing, because he got away, fractured but alive. The same lore defines a great landing as one after which the plane can be flown further. Don’s plane, as shown in the Victor Valley Daily Press photo, is far more fractured than he.

Returning on the night of July 21 from an earlier flight to northern California, Don found the San Gabriel Valley fogged in. He then back-tracked over the mountains for the clear air over desert sites and circled above Hesperia, but came down about a mile short of the runway. He landed in a sagebrush field about 130 feet wide between two rows of houses. One wing clipped power lines strung along the same corridor, but Southern California Edison reported no damage to its circuits. By that time, residents had been awakened and some rounded up assistance. They found the plane about 30 yards short of the California Aqueduct, and Don in it.

He was airlifted by helicopter to the Arrowhead Regional Medical Center in Colton, where he was found to have severe fractures in his left leg as well as extensive bruises. After a week, he was transferred to Pomona Valley Medical Center, where surgery to repair his left foot and ankle was performed on August 13, and he was sent home on the 16th to begin recuperation. The results will be assessed regularly to determine whether any further surgery is needed. In the meantime, Don is taxing his house and his walker, placing no weight on the reassembled foot.

Don has been interviewed by an FAA representative, which is normal procedure following an aviation mishap, and Don quoted him as saying, “Very few survive a collision with a power line.”

He plans to donate the wreckage to a community college that has an aviation maintenance program, where the students will have the benefit of literally “hands-on” instruction. And he says that he will decorate his den with the news photo of his shattered plane.

Moore Survives Hesperia Crash Landing
By Frieda A. Stahl

Don Moore, our Emeriti Association ace, has been beset by the laws of physics and the caprices of meteorology; he crashed in his Piper Cherokee plane on August 1 in a post-midnight approach to an intended landing at the Hesperia airport. However, he prevailed over the threats of chemistry—no explosion, no fire. By aviation lore, this was a good landing, because he got away, fractured but alive. The same lore defines a great landing as one after which the plane can be flown further. Don’s plane, as shown in the Victor Valley Daily Press photo, is far more fractured than he.

Returning on the night of July 21 from an earlier flight to northern California, Don found the San Gabriel Valley fogged in. He then back-tracked over the mountains for the clear air over desert sites and circled above Hesperia, but came down about a mile short of the runway. He landed in a sagebrush field about 130 feet wide between two rows of houses. One wing clipped power lines strung along the same corridor, but Southern California Edison reported no damage to its circuits. By that time, residents had been awakened and some rounded up assistance. They found the plane about 30 yards short of the California Aqueduct, and Don in it.

He was airlifted by helicopter to the Arrowhead Regional Medical Center in Colton, where he was found to have severe fractures in his left leg as well as extensive bruises. After a week, he was transferred to Pomona Valley Medical Center, where surgery to repair his left foot and ankle was performed on August 13, and he was sent home on the 16th to begin recuperation. The results will be assessed regularly to determine whether any further surgery is needed. In the meantime, Don is taxing his house and his walker, placing no weight on the reassembled foot.

Don has been interviewed by an FAA representative, which is normal procedure following an aviation mishap, and Don quoted him as saying, “Very few survive a collision with a power line.”

He plans to donate the wreckage to a community college that has an aviation maintenance program, where the students will have the benefit of literally “hands-on” instruction. And he says that he will decorate his den with the news photo of his shattered plane.

Map credit Fernando Torres, Graphic Artist. Reprinted by permission of the Daily Press, all rights reserved.

Campus News

Emeriti Golf Tournament Scheduled for October 26

See enclosed flyer for details.
Alaska travelers this past summer, on different timetables and itineraries, included Joseph Casanova (Chemistry), Frieda Stahl (Physics), and Fleur Yano (Physics). Fleur biked a 360-mile loop ("the Golden Circle") from Haines to Denali National Park to Anchorage, her second Alaska bike trip.

Sidney Albert (Philosophy) celebrated his 87th birthday by attending the International Shaw Conference at Marquette University in April, where he presented a paper, "George Bernard Shaw in Hellas: A Resource for Classicists," chaired a session, and was a panelist at another session. He received a CSU-ERFA grant for the research and preparation of this paper. The grant also supported his attendance at the conference. On the panel, he urged the prompt establishment of an international Shaw society to foster, sponsor, and guide the multiple and varied Shaw programs in this and other countries. The proposal was approved unanimously by the conferees, and a steering committee, of which Albert is a member, was formed to begin implementing the plan. This is the third organization he has started, two of them during his emeritus years. An article, "Barbara's Progress," was published this summer in Volume 21 of SHAW: The Annual of Bernard Shaw Studies. Another article will be included in Volume 22 of the same journal next year.

Walter Askin (Art) won the purchase prize in the Third Minnesota National Print Biennial at the Frederick R. Weisman Art Museum at the University of Minnesota. He also won an award in the 61st Northwest Watercolor Society's Annual Open Exhibition at the Bellevue Art Museum in Washington. Four of his screen prints created at Kelpra Studio in London were acquired by the Norton Simon Museum in Pasadena. He was a visiting artist at the University of Dallas in May, where he gave several lectures, had an exhibition of his work, and created two editions of prints. He was also a visiting lecturer at Arizona State University.

He has been invited to create 10 lithographs in connection with the upcoming Olympics in Salt Lake City, in collaboration with Wayne Kimball, professor of art at Brigham Young University, who will later print Walter's work in a fine edition, hand lithography, limited edition folio. While athletes at the Winter Games are freezing in the cold, risking life and limb on hills, runs, chutes, slopes, jumps, and rinks, he will be roosting comfortably and noncompetitively in the warmth of his studio. So, in spite of the surrounding milieu of the desire to go really fast, live fearlessly, and win honors, he will be engaging viewers in an effort to pull a leg or two. He hopes to take the visual audience out of the work of intense competition, the world of real difficulties and few winners, into the realm of the imagination where everyone can be a winner. He has no interest in strafing the turf of the athletes. He does desire to delight and give the Games back to the generative, liberating, and transformative visions resident in all of us.

Charles Borman (Art), owner of the Village Square Gallery in Montrose, gave an illustrated lecture to the members of the Whittier Art Association on March 8. He has also served on the committee for the Montrose-Verdugo City Juried Art Exhibit. There were 292 submittals. The work was exhibited at Village Square Gallery, White's Gallery, and California Federal Bank in Montrose May 7-19. An elegant evening with wine tasting and entertainment took place on May 11, where awards were presented. The judge was Al Porter, emeritus professor from Cal State Fullerton.

On Sunday, August 12, Borman and his wife Pat hosted a reception at Village Square Gallery for the opening of its current exhibit of artworks in various media, all devoted to the theme of the bull. Cal State L.A. emeritus art faculty members included in this show were Walter Askin; Lee Wexler and his wife Fara; Roy Walden; Pat Little, widow of former Art Department chair Ted Little; and, of course, Sidney Albert (Philosophy), owner of the Village Square Gallery in Montrose, gave an illustrated lecture to the members of the Whittier Art Association on March 8. He has also served on the committee for the Montrose-Verdugo City Juried Art Exhibit. There were 292 submittals. The work was exhibited at Village Square Gallery, White's Gallery, and California Federal Bank in Montrose May 7-19. An elegant evening with wine tasting and entertainment took place on May 11, where awards were presented. The judge was Al Porter, emeritus professor from Cal State Fullerton.

On Sunday, August 12, Borman and his wife Pat hosted a reception at Village Square Gallery for the opening of its current exhibit of artwork: in various media, all devoted to the theme of the bull. Cal State L.A. emeritus art faculty members included in this show were Walter Askin; Lee Wexler and his wife Fara; Roy Walden; Pat Little, widow of former Art Department chair Ted Little; and, of course, Sidney Albert (Philosophy), owner of the Village Square Gallery in Montrose, gave an illustrated lecture to the members of the Whittier Art Association on March 8. He has also served on the committee for the Montrose-Verdugo City Juried Art Exhibit. There were 292 submittals. The work was exhibited at Village Square Gallery, White's Gallery, and California Federal Bank in Montrose May 7-19. An elegant evening with wine tasting and entertainment took place on May 11, where awards were presented. The judge was Al Porter, emeritus professor from Cal State Fullerton.

Twenty New Emeriti Join Ranks

The following recently retired faculty members have been awarded emeritus status:

**SHARON BASSETT**
(English, 1967-2001)

**RAYMOND B. LANDIS**
(Dean, College of Engineering and Technology, and Mechanical Engineering, 1985-2001)

**MAY E. CHIN**
(Communication Disorders, 1975-1998)

**PHILIP YENG-SANG LEUNG**
(History, 1986-2000)

**PHILIP C. CHINN**
(Special Education, 1988-2000)

**RONALD L. PIERCE**
(Accounting, 1973-2000)

**MARY CONROY**
(Kinesiology and Physical Education, 1969-2000)

**MARTIN J. SCHIESL**
(History, 1970-2001)

**DANIEL CRECELIUS**
(History, 1964-2001)

**BENJAMIN W. SMITH**
(Political Science, 1963-2000)

**DENNIS HEIM**
(Education, 1966-2001)

**DAVID L. SOLTZ**
(Dean, College of Natural and Social Sciences, 1996-2001 and Biology, 1974-1988, 1996-2001)

**JAMES HENRICKSON**
(Biology, 1966-2000)

**ROBERT J. STULL**
(Geology, 1969-2001)

**MELVA E. IRVIN**
(Director, Center for Effective Teaching and Learning, and Kinesiology and Physical Education, 1993-2001)

**ERIKA WILSON**
(History, 1968-2001)

**KAREN M. JOHNSON**

**DE ANN MARIE YOUNG**
(Nursing, 1969-2001)

**MICHAEL P. KELLEY**
(Speech Communication, 1972-2001)

**ROBERT G. ZAHARY**
(Accounting, 1972-1994)

We congratulate them and hope to welcome them into the membership of the Emeriti Association.
Osteoporosis: Are You at Risk?
By Nancy Chesterton, MSN, APRN, BC

For this issue, Eloise King has invited a guest column from a nurse practitioner.

Osteoporosis is the thinning of the bone structure and structural deterioration of bone tissue that gradually weakens the bone over time and leads to painful and debilitating fractures. Bones are living tissue that consists of a protein framework wrapped in calcium, with blood vessels bringing nutrients, calcium, and hormones to the tissue. Throughout life, bones are constantly being remodeled. The breakability of bones depends on the amount of calcium they contain. In young adults, more calcium is added to the bone structure than is removed. By the mid-20s, 98 percent of the skeletal mass is formed. By the 30s to 40s, the amount of bone formation and bone resorption are approximately the same. In women at menopause, due to the decrease in the amount of circulating estrogen and changes in the gastric system leading to a decrease in the amount of calcium absorbed from foods, more bone is resorbed than is created, leading to thinner bones. Eleven years after menopause, there is another increase in the chances of osteoporosis as the body ages.

Non-modifiable causes of osteoporosis are gender (women more than men), age, family history, ethnicity (more common among Caucasians and Latinos), sex hormone levels (decreased estrogen and testosterone levels increase risk), and body size (smaller; thinner body sizes have higher risks). Modifiable risk factors are sex hormone levels (in women, depletion after menopause increases risk); inactive lifestyle; diet low in calcium and vitamin D; cigarette smoking; alcohol and caffeine consumption—more than one ounce of hard alcohol or one beer or five ounces of wine per day; too much thyroid hormone (hypothyroidism or too high a thyroid dose as treatment for hyperthyroidism); long-term use of steroids (prednisone, cortisone, prednisolone, dexamethasone) for asthma; chronic obstructive pulmonary disease, arthritis, or transplant rejection; long-term use of Heparin, methotrexate, aluminum-containing antacids, or cyclosporine; anti-seizure medications (primidone, phenobarbital, or phenytoin-dilantin); diuretics such as furosemide (Lasix), bumetanide (Bumex), ethacrynic acid (Edecrin), and torsemide (Demadex) that cause calcium to be lost in the urine; medical conditions such as gastrectomy (removal of part of the stomach), diabetes, Chron’s disease, liver or kidney disease, and anorexia nervosa; and bedrest for more than six months.

Approximately 10 million Americans have osteoporosis, with 20 percent of these being men. Another approximately 18 million Americans have bones thin enough for them to have a high risk of osteoporosis. According to the National Osteoporosis Foundation, only 7 percent of women with osteoporosis are diagnosed before they have a broken bone. This under-diagnosis is even worse in men because of the commonly held belief that osteoporosis is a women’s disease. On average, one out of every two women and one out of every eight men will develop this silent disease.

Confusion about the normal aging process is one reason for the missed diagnosis. Stoopd body posture, thought of as “normal” aging, is actually the result of vertebral fractures. These common fractures of osteoporosis, with 700,000 per year, can be caused by coughing, sneezing, bending over, or being hugged. Hip fractures are “fragility fractures” often caused by a minor fall. These 300,000 fractures per year result in devastating effects on daily living, with death as the result for 24 percent of those over age 50. Another 40 percent cannot walk after one year without an aid. For women, risk of hip fractures is more lethal than the risk of death from ovarian, uterine, and breast cancer combined, but twice the number of men as women die from hip fractures.

Since osteoporosis is a silent disease, the largest problem in diagnosis is education about prevention and the need to be tested. Anyone who meets any of the following criteria should be tested: 1) early menopause, before age 45; 2) taking any of the previously mentioned medications that result in osteoporosis; 3) having one of the previously mentioned diagnoses; 4) past menopause, over age 50, with at least one risk factor; and 5) post-menopausal, over age 65, with no previous bone density test.

The only accurate way to diagnose osteoporosis is with a bone density test. The most sensitive of these noninvasive and painless tests—and the one used most often—is the dual energy x-ray absorptiometry. This measures the spine and hip density and can measure small amounts of bone loss. Other less sensitive tests include heel ultrasound, peripheral dual energy x-ray absorptiometry, quantitative ultrasound, and quantitative computerized tomography.

Treatment and prevention measures are similar: a diet high in calcium and vitamin D, or supplements of calcium (1,200-1,500 milligrams per day with meals) and vitamin D (500-800 international units per day). Obvious lifestyle influences on bone health, such as decreasing alcohol and caffeine consumption to the recommended limit per day as well as smoking cessation, will assist in the absorption of calcium. Weight-bearing exercise (walking as opposed to swimming or bicycling) 30-45 minutes per day, three times per week, will help increase bone mass. Prevention of falls is imperative to those at risk for osteoporosis, as even minor falls can have catastrophic results. Loose rugs should be anchored or removed, and telephone and light cords should be off floors and out of the way. Floors should be cleared of small objects such as children’s and pet’s toys. Shoes should have low heels. Medications that create sedation should be watched for problems with

See HEALTH BRIEFS, Page 11
In Memoriam

RICHARD GRENVILLE CANNICOTT
Professor of Psychology, 1959-1983

Richard Grenville Cannicott, emeritus professor of psychology, died on August 29 at the age of 80. He had suffered from Alzheimer’s disease for several years, and succumbed to its complications after only one day in a hospice.

Dick was very active and highly esteemed at Cal State L.A. as a clinical psychologist. He joined the psychology faculty in 1959, following nine years in concurrent service as director of the Department of Psychology at Central State Griffin Memorial Hospital and as assistant professor of psychology at the University of Oklahoma, in Norman, Oklahoma.

Dick’s early career included service in the Navy during World War II. As an undergraduate student at Occidental College, he enrolled in the Navy’s officer training program in 1941, immediately after Pearl Harbor. Upon receiving the B.A. in psychology and economics in 1943, he was commissioned as an ensign and remained on active duty until 1946.

Subsequently, he earned the M.A. in 1948 and Ph.D. in 1950, both in clinical psychology, from the University of Iowa. He followed those academic attainments with California licensure as a psychologist in 1960 and as a marriage, family, and child counselor in 1971.

Concurrently with his faculty service, Dick served as a clinical psychologist in the Naval Reserve, where he became a lieutenant commander. He also served as a senior mental health consultant to the Head Start program in Pasadena and as a field assessment officer for several Peace Corps training programs conducted at Cal State L.A. Following his work with the Associated Clinics, he was chair of the Psychology Department from 1967 to 1973.

Retiring in 1983, Dick continued to teach part-time for the following 10 years. In 1982, Dick was married to the former Janet Ramsey, then a staff member for the Academic Planning group in Academic Affairs. Following their retirement in 1983, they moved from Montebello to Oceanside. He is survived by Jan and by five children from his and Jan’s prior marriages. A memorial service was held on September 5 at the Eternal Hills Memorial Park in Oceanside.

Thelma Graves, emeritus assistant professor of home economics, died on August 14, 2000 in the skilled nursing facility at Sunny View Manor, where she had resided since 1987. She and her husband, former Cal State L.A. president Albert Graves, lived there together in the independent living facility until he died in 1992.

Thelma continued to live in their apartment until November 1999, when it became necessary for her to move to the nursing wing because of declining health. She was 97 when she died peacefully in her sleep. The cause of death was heart failure.

Thelma joined the Los Angeles State College faculty in 1951, when she and her husband, Albert Graves, were each offered a position. She was hired to organize a home economics department in connection with Los Angeles City College, whose campus L.A. State shared. The department grew from two courses in its first semester to achieving state accreditation in a short period of time. After that, she left her position as chair to concentrate on teaching, and was highly regarded by her students. In addition to her academic duties, Thelma served as president of Faculty Women and Faculty Wives.

Thelma was very alert until the last year of her life, enjoyed her friends and family, read without glasses, and was content and happy. Her physical decline was rapid during the last six months of her life; however, she was pain-free and received excellent care. By her wishes, she was cremated and a plaque in her memory has been placed in the garden at Oak Hill Memorial Park in San Jose.

MICHAEL F. GRISAFE
Professor of Accounting, 1956-1973

Michael Francis Grisafe was born on June 24, 1913 in Mt. Pleasant, Pennsylvania. He graduated from Scottsdale High School, Scottsdale, Pennsylvania, in 1931 and received his Bachelor of Science degree from Bowling Green College of Commerce in 1934. In 1953, he complete his MBA at Northwestern University.

From 1934 to 1940, he taught at Big Creek High School in War, West Virginia. From 1940 to 1944, he worked in Chicago in progressively responsible positions as an accountant, and in 1943, was licensed as a certified public accountant in Illinois. From 1944 to 1946, he shifted his accounting activities to Peoria, Illinois. From 1946 to 1956, he served as professor and head of the Department of Accounting at Bradley University in Peoria. While at Bradley, he developed internship training programs in public and industrial accounting. An early proponent of automation, he designed courses in business machines and punch-card accounting. He continued to work part-time as an accounting analyst for Sutherland Co. in Peoria.

In 1956, Mike Grisafe heard that Dean of Instruction Albert Graves at Los Angeles State College was looking for accounting faculty. Mike wrote that he was interested in the new Ramona campus five miles out the Los Angeles business district. He also said the salary...
scale was attractive, and he negotiated a beginning salary of $5,232 for the academic year beginning September 1956. Floyd Simpson, chair of the Division of Business and Economics, advised that three- and four-bedroom houses in the area were going for $13,000 to $20,000.

In California, Mike immediately became active in the professional business community. He soon headed a large work-study program at Los Angeles State and a program of meetings and conferences with local businesses. In 1960, he was promoted from assistant to associate professor, and in 1961 he returned to full-time teaching in the Department of Accounting. In 1969, he was promoted to full professor.

Mike also brought his business experience to bear elsewhere on campus, serving on the board of the Credit Union and making improvements at the Financial Aid office. He retired in 1975.

ELISE S. HAHN
Professor of Speech, 1963-1978

Elise S. Hahn, emeritus professor of speech, died at her home in Carmel on December 8, 1995. She was 84.

She received her bachelor’s degree from UCLA, master’s degree from Wayne State University, and doctorate from Northwestern University. Her teaching career began at UCLA, where she was a member of the speech faculty, which was at that time part of the English Department.

According to Robert Ringle, a former UCLA faculty member specializing in speech pathology, Elise was a talented teacher and clinician, specializing in the treatment of stuttering. Her book, Theories of Stuttering, was one of the standards in the field. In a small number of pages, she, in collaboration with her late husband Eugene, summarized the work of between 30 and 40 theorists who had written on stuttering. While at UCLA, she was the second woman to become president of the Speech Communication Association.

In the early 1960s, when UCLA’s English Department was divesting itself of areas such as speech communication, speech pathology, journalism, and linguistics, Elise worked with an interdisciplinary team that included faculty from psychology, linguistics, and the medical school to establish a program in communicative disorders. Ringle saw her as a strong personality and an advocate of the importance of teaching in a research-dominated institution. However, when negotiations to create a separate communicative disorders department collapsed, she joined the Speech Department.

Elise’s commitment to teaching led her to leave UCLA in 1963 after 18 years of service and join the Cal State L.A. faculty in the Speech and Drama Department. During her 15 years at Cal State L.A., she was instrumental in moving the communicative disorders area of that department to the School of Education, where she championed the role of speech correction in the public schools. Ringle remembered her as a “woman with a mission” to bring the communicative disorders discipline to the fore within the academy.

After she retired, Elise lived in Carmel with her longtime companion, Laurie Schumann. She is also survived by her son Eugene and three grandchildren.

JOHN L. HOUK
Dean of Academic Planning and Professor of Political Science, 1971-1983

John L. Houk, former dean of academic planning and emeritus professor of political science at Cal State L.A., died May 15 in La Crescenta at the age of 80 from esophageal cancer.

John served in Europe during World War II in the 92nd Bomb Group of the Army Air Corps. During the course of the war, he was shot down and decorated for bravery. After the war, he received his B.A. cum laude from the University of Southern California (USC) in 1948. He began his career as an analyst of Far Eastern affairs in the Legislative Reference Service of the Library of Congress from 1950 to 1953. From 1953 to 1957, he held several positions at USC, administering the international programs of the School of Public Administration in Iran, Brazil, Iraq, Kuwait, Pakistan, and other nations. He was also a Herman Fellow and a Haynes Fellow.

In 1957, John left USC to serve 10 years as a researcher and division chair at the Center for Research on Strategic Studies at American University in Washington, D.C. While at American University, he was an instructor at the University of Maryland between 1960 and 1965. He finished his Ph.D. in 1966 at USC.

He left Washington, D.C. in 1967 to become the founding dean of the College of Letters, Arts, and Sciences and professor of political science at the University of Guam, where he stayed until 1969. John also served as the founding dean of the School of Business and Economics at Humboldt State College in 1969-70. He spent the next year, 1970-71, as the deputy state university dean, instructional programs, in the California State University Chancellor’s Office.

John came to Cal State L.A. in 1971 and served as dean of academic planning on the campus from 1971 to 1980. In early 1981, he came to the Department of Political Science as professor of political science and taught full-time until his retirement in 1983. He then taught part-time each year in the early retirement program until the late 1980s.

John wrote a number of monographs on “psychological operations” in several Southeast Asian nations, as well as two entitled “The Soviet Propaganda Program” and “Tensions Within the Soviet Union” in the 1950s. While at American University and the Legislative Reference Service, he wrote many reports on various Asian issues for members and committees of Congress. He taught courses on world politics, the American federal system, the politics of China and Southeast Asia, comparative politics, and introductory American politics.

John was known as a consultative administrator, a tactful, diplomatic, perceptive and sensitive person in dealing with both people and issues. He had many skills in mediation, conflict resolution, and developing compromise on contentious issues. He was truly a person who tried to work out the inevitable difficulties between administration and faculty governance. He was a champion of human rights in each of his positions.

When John came back to the department in 1981 as a faculty member after many years in administration, his colleagues noted the enthusiastic way he generously and helpfully involved himself in department issues, matters, and committees, while enthusiastically “retooling” himself for teaching.

John was a beloved colleague and true partisan of the university, a man whose calm and friendly nature and many skills, enthusiasms, and experience will be missed by his colleagues.

THOMAS McENROE
Professor of Political Science, 1960-1985

Thomas McEnroe, emeritus professor of political science at Cal State L.A., died on May 22.

Tom received B.A. and M.A. degrees from UCLA in 1951 and 1952, respectively. He then left California and completed his Ph.D. at the University of Minnesota in 1960. Under the
In Memoriam (Continued from Page 7)

direction of Mulford Sibley, Tom completed his thesis, which he later described as “universally acclaimed as the greatest dissertation on the Political Theory of the Wobblies that was accepted on August 4, 1960, anywhere.” Even in official documents, Tom was unable to suppress his wry sense of humor.

From 1957 to 1960, Tom was an instructor at Wayne State University in Detroit. When the opportunity to leave the cold and snow of the Midwest arose in 1960, Tom moved with his wife Millie and his sons Pat and Tom Jr. to take a position as assistant professor of government at Los Angeles State College. When Tom arrived, the 13-year-old college shared a campus with Los Angeles City College. Tom received tenure at L.A. State, but by the end of his term as department chair in 1967, L.A. State had become California State College, Los Angeles and was located on its own campus. Shortly after being promoted to full professor in 1969, the department was renamed the Department of Political Science. By the time he retired, Cal State L.A. had become California State University, Los Angeles, and both he and the department had found a new home in the School of Natural and Social Sciences.

Tom was a leader of the department during a period of rapid growth and transformation. His leadership was crucial in the recruitment of new faculty from institutions across the nation. He served as a role model to the host of new, young faculty joining the department at this time. Not only was he an outstanding classroom instructor and adviser, Tom was an editor on the Western Political Quarterly from 1966 to 1969, president of the Southern California Political Science Association during 1966-67, and president of the campus chapter of the American Association of University Professors in 1968-69. Tom relished his role in academic governance, serving in the Academic Senate and on a multitude of key committees. Popular with both his colleagues and students, Tom was one of the first recipients of the Outstanding Professor Award, which he received in 1970.

In addition to teaching a variety of theory classes, Tom was the department expert on politics classes relished hearing these accounts from a master storyteller.

After his retirement, Tom continued to travel and to stay in touch with his colleagues both at Cal State L.A. and abroad. In recent years, he traveled to England to see his British colleague and friend, Sir Trevor Smith, who became Lord Smith. Tom always took genuine joy at the successes of his friends and colleagues. He will be greatly missed by his colleagues in the department and at the University.

GERALD F. SORRENSEN
Professor of Economics, 1958-1985

Gerald F. Sorrensen was born November 10, 1914 in a log cabin on a farm near Camp Douglas, Wisconsin. Jerry finished high school at age 16 and worked on the farm for two years before joining the Civilian Conservation Corps. His hard-working immigrant father, who was always an inspiration to Jerry, was tragically killed in a farm accident. Jerry and his two sisters were still teenagers, and their mother had died, too. Jerry made his way to Doan College, and then to the University of Wisconsin, where he earned a bachelor’s degree in philosophy, Phi Beta Kappa. He turned down a scholarship to Yale Law School, and did graduate work at UCLA in philosophy, where he was an assistant to Bertrand Russell.

Jerry had injured his back on the farm, so the draft board, in 1940, classed him 4-F, though he had an ROTC commission in Anti-aircraft Artillery. After Pearl Harbor, the Army and Jerry both wanted a second opinion, and when the medics examined him, indicated that it was up to him and asked if he wanted to try it. He was transferred to the Signal Corps to do research on the new technology, radar. The minimum requirement for a radar officer was a bachelor’s degree in electrical engineering. All of Jerry’s work was in philosophy, but this was close enough. Jerry said that his worst risk in WWII was diagorials; the research was done in Florida. After the war, he worked in the insurance industry. In 1950 he was still single, so he was called out again. He was transferred to Air Force Intelligence. He said that he “flew a desk in the Pentagon, the worst risk being Washington traffic.”

Jerry returned to UCLA, this time for graduate work in economics. He taught there for two years, and then came to Cal State L.A. in 1959. He actually taught there until 1989, but due to the forced retirement at age 70 then in effect, he went to part-time in 1984 and taught one course per quarter. At least once a year, he taught a course of his design, the “Jerry Sorrensen course.” It was called Current Economic Problems, and it took whatever problems were current and went over the economist’s logic related to the problem.

He published 15 articles, most of them in places like the Los Angeles Times, The New York Times, and The Christian Science Monitor. He thought it more useful to inform the literate public about the economist’s logic applied to current issues than to argue the fine points of some theory with fellow economists in one of their journals. He used to twist some of us because he usually was paid for his articles, while we sweated out merely being accepted in a journal.

Jerry suffered with his back all of his adult life. Even with that, he was a devotee of vigorous exercise. He moved his lawn, not with a power mower, but with a push mower, and he jogged daily. The back problem was complicated with Parkinson’s disease in his post-retirement years. He finished his days with two years in the infirmary at Pilgrim Place in Claremont. His wife, JoAnn, said he passed quietly; he was talking to a fellow patient and just faded away. He is survived by JoAnn, long a career counselor at Claremont High School, two daughters, and a grandson, age 6. His younger daughter, Cynthia, was an assistant professor of geography at Cal State L.A. until this fall.

DANIEL LEE TOWLER

Daniel Lee Towler, better known in Southern California educational and civic circles as Deacon Dan, died unexpectedly in his sleep on Wednesday, August 1. On the previous evening he attended the baseball game between the Dodgers and the Cincinnati Reds at Dodger stadium, seemingly in normal health. He was 73 years of age and a seasoned athlete.

Dan was born in Donora, Pennsylvania in 1928. He attended Donora High School, from which he graduated in 1946, and went on to Washington and Jefferson College in Washington, Pennsylvania. There he was an honors student as well as a varsity athlete, named a Little All-American.

Dan was first known in Los Angeles as a halfback and fullback with the Rams during
the 1950s, having been drafted by the Rams organization right after his college graduation. He played for the Rams for six years, leading the team in rushing all six seasons, and was All-Pro four years straight. In 1952, he led the National Football League in rushing and earned a Most Valuable Player award in the Pro Bowl game. However, he pursued a more pressing interest concurrently with his football career, and received a master's degree in religion from USC in 1955. He retired from football then, at the peak of his sports career, and was named pastor of the Lincoln Avenue Methodist church in Pasadena. He continued his graduate studies subsequently, and earned an Ed.D. from USC in 1973.

His association with Cal State L.A. was multifaceted, primarily as a member of Campus Ministries, but further as a fundraiser for the Charter College of Education and adviser to the Cal State L.A. chapter of Phi Delta Kappa, the national education honorary society. In addition, Dan served on the L.A. County Board of Education for 26 years, six of them as president. He held positions on the National School Board Association, the California School Board Association, the Pasadena Redevelopment Agency, and the Pasadena Tournament of Roses Association. Yet he was most visible on campus in support of scholarship programs and in outreach activities for high school students, particularly those interested in becoming teachers.

Dan established the Daniel L. Towler Educational Foundation, through which his contributions to the students he helped during his lifetime will be continued for future students. He is survived by his wife Rosalind, their daughter Roslyn, a sister, and a brother.

Two University memorial services are planned. The first, sponsored by the Campus Ministries and the Student Health Center, will be held on Thursday, September 13 at 3:00 p.m. in the Student Health Center, Room 213. The Charter College of Education will be holding a memorial service on Monday, October 8; for further information, please call the dean’s office at 323-343-4300.

**BRUCE LARSEN CAMPBELL**

*Associate Professor of Education, 1977-2001*

Bruce Larsen Campbell, associate professor of education who specialized in marriage and family sociology, died suddenly at the age of 60 in his home in Glendora on May 6.

Bruce came to the former Department of Home Economics at Cal State L.A. in 1977 with bachelor's and master's degrees from Brigham Young University and a Ph.D. from the University of Minnesota. He also earned an M.A. from Azusa Pacific University in 1981, and in 1989 he became a state-licensed marriage, family, and child counselor. He taught in the child development program.

Aside from his teaching and other instructional contributions, he will be remembered for his collaboration with Ann Bingham-Newman in developing and implementing the Charter School of Education’s urban learning program, whose purpose was to reduce the training period for qualified teachers from five years to four. He was regarded by his students as a helpful and compassionate educator.

A man of diverse interests—from religion to politics to sports to birdwatching—Bruce was especially appreciated by those who knew him for his great sense of humor and philosophical outlook on life. He and his wife were both teachers, so they had many opportunities for adventures during their summers off. Their trips ranged from annual visits to Utah to more distant travels to England and Scotland.

His survivors include his wife Diane, daughter Bonnie Jean, sons Christopher and Albert, three sisters, and a brother.

**RON E. HULL**

*Assistant Professor of Physical Education, 1963-2001, and Head Coach of Football, 1976-1978*

Ron Hull, who served on the physical education faculty for 37 years, died of heart failure on July 22, at the age of 61. Ironically, he had planned to retire this September.

Ron went on to teach majors’ courses in theory and analysis of sport. In 1992, he was appointed director of the intramural athletics program. He was named adviser coordinator for department majors in 1996. Throughout his career, he served on various department and school committees. Thus involved, he was seen on campus just a few days before his death.

He is survived by a daughter, two sons, and four grandchildren.

**ANTHONY LONGHETTI**

*Associate Professor of Criminal Justice, 1989-2001*

Anthony Longhetti, 72, passed away on June 9. A much loved and respected professor in the Criminal Justice Department and director of the master’s degree program in criminalistics, Longhetti received his B.A. at UC Berkeley and his MPA at CSU San Bernardino. He was recognized as a pioneer in the field of forensic science and studied at UC Berkeley under Paul Kirk. In 1957, he was hired by the San Bernardino Sheriff’s Department to establish its first crime lab. He remained in this capacity for 26 years. In 1983, Longhetti was appointed deputy chief in charge of the Scientific Investigations Bureau.

He retired from the San Bernardino Sheriff’s Department in 1989, and began a teaching career at Cal State L.A. He was associated with many civic and professional organizations, among them the California Association of Criminalists, of which he was past president and a life member. He was president of the American Academy of Forensic Science and a member of the American Society of Crime Laboratory Directors’ Laboratory Accreditation Board.
Professional and Personal (Continued from Page 4)

Borman himself. In addition, Dave McNutt, director of publications/public affairs, had works on display. Guests as well as artists were invited to come in western dress. Besides the artists, the attendees included Rosie McNutt and daughter Carrie, Mary Gormly, Frieda Stahl, and Olga Termini.


Mary Gormly (Library) received the Meritorious Service Award from the California Air Force Association at its State Convention on April 28 at Edwards Air Force Base.

Evelyn Granville (Mathematics) received an honorary D.Sc. from Yale at the 2001 Commencement.


Robert Reeser (Art) moved to Nipomo, California after retirement, where he and his partner tend to scores of exotic birds on their breeding farm.

Emil Wroblicky (Physical Education) received the Legionnaire of the Year Award at the American Legion State Convention in Riverside, June 21-24.

Notice to Non-Gratas of '92

The "golden handshake" enacted precipitously in August 1992 left all faculty who retired under its dicta in an uncomfortable exile: they were forbidden to teach at a CSU campus again. That ban is a stark exception to normal policy on post-retirement part-time state employment, but it remains law and none of the efforts to repeal it have as yet succeeded.

To mark the 10th anniversary of that exodus, The Emeritimes invites all such Cal State L.A. pariahs to write in with their answers to our question: "So what else have you been doing during the past 10 years?" We will publish all the responses we can make room for in the three issues of the 2002-3 academic year.

Contributions may be sent to Emeritimes editor Ellen Stein via email at estein@cslanet.calstatela.edu or snail mail at the campus address, Office of Research and Sponsored Programs. Write on!

New Fellowship

Carol J. Smallenburg has endowed the John L. Houk Memorial Fellowship in honor of Houk for his achievements and contributions to Cal State L.A. and to the CSU system. The interest earned by the fund will be disbursed annually as scholarships for graduate students working toward a master's degree in political science. Further contributions may be sent to the Cal State L.A. Emeriti Association at the campus address, payable to the CSULA Foundation, with a memo-line designation for the John L. Houk Memorial Fund.

Fleur Yano (Physics) is serving as membership treasurer of the Palos Verdes Peninsula Branch of AAUW and was elected to the Board of Directors of the Palos Verdes Tennis Club. Last spring, she went on an 18-day trip to the Netherlands and Paris, where she visited major art museums, Keukenhof (Netherlands), and Monet's house in Giverny, and attended concert performances.

Robert G. Zahary (Accounting) has been named president of the Overseas College in Singapore as of March 2001. His wife, Margaret Hartman (Biology/Academic Affairs), accompanied him and is keeping busy writing articles, one of which will be about Singapore and her and Bob's adventure for a future edition of The Emeritimes.

Groundbreaking for the new University Auxiliary Services building on the site of the former cafeteria; l. to r.: Academic Senate chair Bill Taylor; Pat Drohan, CSU Physical Planning and Development; Vice President Steve Garcia; UAS executive director Raquel Soriano; President James M. Rosser; ASI president Natoya Blaylock; UAS Board president Allen Mori; and Ali Izadian, director of planning and construction.
Retrospective: Dvorin Recalls Early Insights

In 1988, when the once-and-former Los Angeles State College moved to its then-new Ramona campus, the faculty as well as the student body grew commensurately with the College’s physical expansion. One notable scholar who joined its ranks that year was Eugene P. Dvorin, a political scientist with unusual international experience.

Gene had earned his Ph.D. at UCLA in 1955, following which he received a postdoctoral fellowship that took him to southern Africa and research that culminated in a major book on apartheid [Racial Separation in South Africa: An Analysis of Apartheid Theory (Chicago: University of Chicago Press, 1952; reprinted, paper, 1977.)]. But his international interests had roots in his World War II service in India as well as Africa, before the college years that got him a B.A. from UCLA in 1948, a B.S. from the U.S. Merchant Marine Academy in 1950, and an M.A. back at UCLA in 1951.

In a recent letter to (Emeriti Association President) Don Dewey, Gene reminisced about his various travels and sojourns in both India and Africa and his observations on their respective social structures. He wrote, in part:

“I had been in India and South Africa during WWII, so I had some familiarity with the caste system. When, in 1948, Dr. Daniel Malan became Prime Minister in South Africa, he introduced the doctrine of apartheid—a significant new conceptualization of traditional South African segregation. Whereas India’s caste system was vertical in nature, still all castes occupied the same territory, i.e. there were no pre-ordained caste areas or territories. Apartheid was both vertical and horizontal, i.e. each race was not only pre-ordained to a place in a vertical/racial hierarchy, but restructured to precisely drawn territorial boundaries. In the latter regard, it was a significant departure from pre-apartheid policies.

“My book was published . . . in 1952, only four years after Dr. Malan and his Nationalist Party assumed power. While many books emerged in this period re South Africa and its racial policies, mine was the first (according to reviewers and people in the field at that time) to specifically limit itself to apartheid—its conceptual and theoretical assumptions. While written from a political science perspective, the manuscript was reviewed by two prominent anthropologists for the University of Chicago Press. Evidently, my analysis crossed over into a number of different fields. First or not—it’s truly of little significance or relevance to me. It was truly a labor of love.

“I returned to Africa (southern Rhodesia) under a postdoctoral Ford Foundation fellowship, where I spent about 18 months. However, few universities had any interest in an African specialist. So, with a family to support, I decided to examine problems and processes in the good ol’ USA. For the rest of my career, I focused on American government, and my books covered the state, local, and national levels including public administration. But my earlier experience with foreign systems provided me with a valuable comparative perspective. When I went to India years later on a Fulbright, I was able to lecture a little more intelligently than I might otherwise have done.”

Gene retired in the big exit wave of 1992. He and his wife are enjoying life in their Woodland Hills home, at what he calls “a rather slow pace.”

Health Briefs (Continued from Page 5)

Medications are now available to stop or reverse the osteoporotic process. The first line of defense in women is hormone replacement therapy (HRT), but the risks must be weighed against the benefits in each case due to the questions surrounding estrogen therapy and cancer. Estrogens have a known positive effect on bone density, even if started at age 70. Adding calcium to the HRT is better than HRT alone. The next medication that may be added is a biphosphate medication such as alendronate (Fosomax) or risedronate (Actonel), which may preserve bone mass and reduce fracture risk. New research medications less commonly used are raloxifene (EVISTA), which mimics the effects of estrogen on the bone without estrogen’s side effects, and calcitonin (Miacalcin), a naturally occurring parathyroid hormone, which decreases bone resorption. Sodium fluoride is used in the hopes that it can do for bones what it did for teeth.

Osteoporosis can be a devastating disease in view of the mobility and quality of life of our aging population. It is, however, a treatable and reversible disease when it is appropriately diagnosed and treated. Those at risk may prevent the disease through appropriate lifestyle changes while still possible, beginning with adequate diagnosis.

Nancy Chesterton, MSN, APRN, BC is a nurse-practitioner in the San Gabriel Valley and a former lecturer at Cal State L.A. 

Ed. Note: On Tuesday, August 23, The New York Times “Science Times” section carried an item on an article that appeared in a recent issue of The Annals of Internal Medicine. It warned of contamination dangers found in alfalfa sprouts, including salmonella and E. coli O157. Though Southern California was the site of both the reports of two deaths and several thousand illnesses and of the tests that followed, the recommendations included a more general precaution. The research scientist who had done the study was quoted as saying that sprouts should not be served to children, the elderly, or those with weakened immune systems.
Emeriti Fellowships (Continued from Page 1)

and Kimberly White (Counseling, option in Marriage, Family and Child Counseling).

Not one of the seven selected earned the bachelor’s degree from Cal State L.A. They hail from Shanghai Second Medical University, the University of Pennsylvania, St. Mary’s College of California, UC Berkeley, UCLA, and UC Santa Cruz. What unites this rather disparate group is an enthusiastic commitment to their discipline, a profound desire to enhance their knowledge and hone their professional skills, and then share them as college professors or research scientists, or both. It is noteworthy, too, that in their engagement with society at large, these seven show a marked preference for the underprivileged.

Timothy Bengford, the music major, says: “My goal is to be a professor of music at a small college or university, offering students well-prepared, insightful lectures, and thereby broadening and enriching their lives through music. In his Republic, Plato said that music and gymnastics should make up the central core of an education, one being for the soul, the other for the body. He believed that melody and harmony reached the recesses of the mind more quickly than did anything else. My experience teaching music and literature while a volunteer on an economically depressed island in the West Indies from 1996 to 1998 proved the philosopher’s thesis true. Instantaneously, students would smile and sway while listening to both Bob Marley and Bach. I knew then that being a professor of music would be an ideal way to broaden and enrich the lives of students.”

Regarding one of the counseling majors, DeShawn Fuller, a colleague states, “DeShawn is clear in her goals and objectives . . . to work in schools, especially those in communities with a high concentration of students of color and those from disadvantaged socioeconomic and educational backgrounds . . . . Her talent, imagination, and enthusiasm will take her far beyond the ordinary.”

Kimberly White, the other counseling major, relates in haunting words the inspiration behind her present calling. Her parents had agreed to shelter temporarily a three-year-old boy for the Department of Social Services. After they had agreed to do so, they were informed that he was incapable of learning speech and would have socialization problems for the rest of his life; furthermore, his test scores indicated that he stood no chance of living a normal life. “My mother, however, could not accept that these experts could know the extent of Prince’s potential at the mere age of three. So she made a decision that changed our lives. On that day . . . we walked out of the Department of Social Services with my new brother and never looked back. In 1987, this child named Prince, labeled ‘anti-social, retarded and non-communicable,’ graduated from Serra Junipero High, a college preparatory school, with average grades.”

Irania Alarcon, the biology major, very active when in high school and college in service to the Mexican-American and migrant communities of El Centro, now dreams of earning a Ph.D., then teaching and directing her own lab. She would like to contribute to the field of virology and genetic engineering by continuing ongoing research on viruses such as HIV and the influenza virus, with the aim to develop better treatment. The more hours she spends in the lab, the less she wants to be somewhere else, she reports. Her instructor comments, “I rate Irania’s potential for future success very, very high. She is bright. She is excited about research and its potential for good. She will be an excellent role model. She acknowledges the contributions of others and those who know her are already acknowledging her.”

Clinical research correlating nutrition and health is the present objective of Xiaoming Lu, the nutritional science major from the People’s Republic of China, already a physician. Her adviser considers her an outstanding graduate student and excellent researcher, ranking in the top one percent of graduate students. Xiaoming has taken on a research project on functional food (tea) and its effect on lung cancer.

Besides Korean student associations, Julie Kang pursued a broad gamut of activities in high school and college. She was drawn to the medical field (with community volunteer work to match), until she fell under the spell of African history, about which she felt she had learned little in high school, and became an undergraduate history major. Her master’s program now covers three fields: ancient Africa, colonial Latin America, and medieval/early modern Europe.

Her primary interest lies in medieval history, especially the era referred to as the Dark Ages, when religion was very prominent socially and culturally. She intends to study the religiosity, which drove some women to “holy anorexia.” Julie hopes to obtain the master’s next June and enter a Ph.D. program in fall 2002. Her instructor assures us that “already she has shown extraordinary potential for interesting and important doctoral work.”

With parents objecting to a career in education, Courtney Spikes worked three years as an advertising account executive before giving it up for a job with a children’s charity, followed by projects involving children’s education that earned her several certificates of civic appreciation. She says she is thrilled to be studying history full-time at last. Her faculty adviser explains that Courtney’s master’s project will link the French and American revolutions with the experiences of childhood, and thus bring together two 18th century experiences. Her research, though still in its early stages, promises to make contributions for both French and American historians. And he praises her for “helping plan and run Phi Alpha Theta’s Southern California Regional Meeting. This conference . . . ran as smoothly as could be imagined. Her participation helped make the conference the best PAT conference I have ever attended. The national executive director said the same. In short, I have the greatest confidence in Courtney’s abilities. She has the potential to become a superb historian.”

The seven fellowship winners have been invited to attend the Emeriti Association’s fall luncheon.

Marie-Antoinette Zrimc, chair of the Fellowship Fund Committee, expresses appreciation for the assistance of Lamar Mayer, President Rossier’s staff, and the members of the ad hoc fellowship award selection committee: Joseph Casanova, Mary Gormly, Joan Johnson, Leon Schwartz, and Olga Termimi.

Don’t Forget the Fellowship Fund!

Your contributions to the Emeriti Fellowship Fund keep on working for you and Cal State L.A. students! The Cal State L.A. Foundation now allocates endowment earnings—those in excess of funds made available for scholarship support—back to the account principal. In this way, account balances can grow from year to year and generate larger scholarship distributions to students.