# Health and Sport Sciences in Japan
## Summer 2015
### In-Country Itinerary

<table>
<thead>
<tr>
<th>Time</th>
<th>July 12th</th>
<th>July 13th</th>
<th>July 14th</th>
<th>July 15th</th>
<th>July 16th</th>
<th>July 17th</th>
<th>July 18th</th>
<th>July 19th</th>
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<tbody>
<tr>
<td>11am</td>
<td>Group work (graduate students)/Lectures by International Researchers</td>
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<td>1pm</td>
<td>Registration Scholarship payment</td>
<td>Networking Lunch</td>
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<tr>
<td>3pm</td>
<td>Session 1: Building literature review 2-3:15pm</td>
<td>Session 2: Literature review/research questions 2-3:15pm</td>
<td>Session 3: Research design 2-3:45pm</td>
<td>Session 4: Written Research Paper 3-4:30pm</td>
<td>Session 5: Relationship and Collaboration 2-3:30pm</td>
<td>Session 6: Preparing a group presentation</td>
<td>Preparation of presentation workshop 5-6pm</td>
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<td>4pm</td>
<td>Identifying a Hot topic discussion 2:30-4:30pm</td>
<td>Theory and Theoretic workshop 3-4pm</td>
<td>Making research questions to methods 3-4:30pm</td>
<td>Writing for Publication, lecture and seminar 3:30-4:30pm</td>
<td>Preparing a conference Oral presentation workshop 5-6pm</td>
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<td>5pm</td>
<td>Active reading workshop 5-6pm</td>
<td>Research questions link to literature review</td>
<td>Ethics, grant proposals discussion 5-6pm</td>
<td>Co-writing workshop 5-6pm</td>
<td>Commando Ceremony/ Closing Ceremony</td>
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<td>6pm</td>
<td>Dinner/Social with Japanese students</td>
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### July 21st
- Lecture by Tsukuba University Professor on Japanese culture
- **Lunch**
  - Dynamic Tokyo: Tokyo Tower, Tea Ceremony, Imperial Palace, Sumida River Cruise, Sensoji Temple
- **Implication of traditional to modern in Japanese society lecture**
- Meet the Professor session, group discussion on Japanese culture
- **BBQ**
  - Dinner: Tokyo style Dinner

### July 22nd
- Departure for Tokyo
- **Lunch**
  - Dynamic Tokyo: Tokyo Tower, Tea Ceremony, Imperial Palace, Sumida River Cruise, Sensoji Temple
- **Meet the Professor session, group discussion on Japanese culture**
- **BBQ**
  - Dinner: Tokyo style Dinner

### July 23rd
- Departure for Kyoto
- **Lunch**
  - Mt. Fuji Hiking and Tour Return by Shinjiro: Fujji Visitor Center, Mt. Komagatake Temple, Imperial Palace, Kyoto 1st-day Tour: Nijo Castle, Kinkakuji Temple, Sensoji Temple
- **BBQ**
  - Dinner: Tokyo style Dinner

### July 24th
- Departure for Osaka
- **Lunch**
  - Mt. Fuji Hiking and Tour Return by Shinjiro: Fujji Visitor Center, Mt. Komagatake Temple, Imperial Palace, Kyoto 1st-day Tour: Nijo Castle, Kinkakuji Temple, Sensoji Temple
- **BBQ**
  - Dinner: Tokyo style Dinner

### July 25th
- Departure for USA
- **Lunch**
  - Mt. Fuji Hiking and Tour Return by Shinjiro: Fujji Visitor Center, Mt. Komagatake Temple, Imperial Palace, Kyoto 1st-day Tour: Nijo Castle, Kinkakuji Temple, Sensoji Temple
- **BBQ**
  - Dinner: Tokyo style Dinner

### July 26th
- Departure for USA
- **Lunch**
  - Mt. Fuji Hiking and Tour Return by Shinjiro: Fujji Visitor Center, Mt. Komagatake Temple, Imperial Palace, Kyoto 1st-day Tour: Nijo Castle, Kinkakuji Temple, Sensoji Temple
- **BBQ**
  - Dinner: Tokyo style Dinner