

## Exercise Science Science - Option I Roadmaps to Graduation

### Four-Year Degree Plan for Freshmen

	Fall		Winter		Spring		Summer		
	Courses	Units	Courses	Units	Courses	Units	Courses	Units	
<b>Year 1</b>	ENGL 101	4	ENGL 102	4	BLOCK C (2)	4	MATH 105	4	<b>Total 44 Units</b>
	HHS 101	4	MATH 104A	4	COMM 150	4	POLS 150	4	
	BLOC C (1)	4	BLCOK A3	4	WPE	0			
					PSYCH 150	4			
	<b>Total</b>	<b>12</b>	<b>Total</b>	<b>12</b>	<b>Total</b>	<b>12</b>	<b>Total</b>	<b>8</b>	
<b>Year 2</b>	<b>Fall</b>		<b>Winter</b>		<b>Spring</b>		<b>Summer</b>		<b>Total 52 Units</b>
	<b>Courses</b>	<b>Units</b>	<b>Courses</b>	<b>Units</b>	<b>Courses</b>	<b>Units</b>	<b>Courses</b>	<b>Units</b>	
	BIOL 200A	5	BIOL 200B	5	BIOL 100B	5	BIOL 100C	5	
	CHEM 101	5	BIOL 100A	5	KIN335	4	CHEM 103	5	
	BLOCK C (3)	4	KIN 310	4	CHEM 102	5			
<b>Total</b>	<b>14</b>	<b>Total</b>	<b>14</b>	<b>Total</b>	<b>14</b>	<b>Total</b>	<b>10</b>		
<b>Year 3</b>	<b>Fall</b>		<b>Winter</b>		<b>Spring</b>		<b>Summer</b>		<b>Total 51 Units</b>
	<b>Courses</b>	<b>Units</b>	<b>Courses</b>	<b>Units</b>	<b>Courses</b>	<b>Units</b>	<b>Courses</b>	<b>Units</b>	
	BIOL 300	4	KIN 360	5	KIN 461	5	BLOCK D (2)	4	
	UD THEME (1)	4	BLOCK D (1)	4	HIST 202A OR B	4			
	CHEM 201	5	FREE ELECTIVE (1)	4	UD THEME (2)	4			
			DIRECTED ELECTIVE (1)	4	DIRECTED ELECTIVE (2)	4			
<b>Total</b>	<b>13</b>	<b>Total</b>	<b>17</b>	<b>Total</b>	<b>17</b>	<b>Total</b>	<b>4</b>		
<b>Year 4</b>	<b>Fall</b>		<b>Winter</b>		<b>Spring</b>		<b>Summer</b>		<b>Total 39 Units</b>
	<b>Courses</b>	<b>Units</b>	<b>Courses</b>	<b>Units</b>	<b>Courses</b>	<b>Units</b>	<b>Courses</b>	<b>Units</b>	
	PHYS 101	4	FREE ELECTIVE (3)	4	KIN 340	5			
	KIN 460	5	KIN 465	5	FREE ELEC DTIVE (4)	4			
	FREE ELECTIVE (2)	4	DIRECTED ELECTIVE (3)	4	UD THEME (3)	4			
<b>Total</b>	<b>13</b>	<b>Total</b>	<b>13</b>	<b>Total</b>	<b>13</b>	<b>Total</b>			