STARTING OUT BY LOOKING AHEAD

An Introduction to the Career Development Journey
College – a Time for Growth

- Personal
- Intellectual
- Career

www.calstatela.edu/careercenter
The Career Development Journey

The career journey has three basic parts:

- Discovery – Self and career exploration, develop personal narrative
- Preparation – Networking, internships, portfolio, mentors
- Transition – Job search strategies, effectively apply for jobs

www.calstatela.edu/careercenter
Relating the Academic and Career Journey

**Academics**
- Freshman: GE classes, Tests, Grades
- Sophomore: GE classes, Tests, Grades
- Junior: Major classes, Tests, Grades
- Senior: Major classes, Tests, Grades

**Career**
- Discover: Interests, values, skills, Career paths
- Prepare: Internships, Mentors, Networking, Portfolio
- Transition: Job search strategies, Résumé, Interview

**Graduation!**
- Diploma

**Success!**
- Job
Investing in Yourself

- Much of the career journey happens outside of the classroom.
- Consider it a regular activity - like membership in a club.
- Make time in your calendar for the career journey.
- Come see us at the Career Center!

www.calstatela.edu/careercenter
What do we do?
Counseling

- Determine career goals
- Choose a major
- Discover “you”
- Address career challenges

“I feel so much more confident now and feel that I’m heading in the right direction…” – Talisunep Longkumer
Learning

- Workshops
  - How to choose a major
  - Internships 101
  - Creating professional résumés
  - Fundamentals of interviewing
  - Networking and LinkedIn

- Special events
  - Professional etiquette luncheon
  - Live leadership webcasts

- National Society of Leadership and Success

“The resources you presented put things into perspective and have given me a new sense of direction.” – Adam Bonilla
Networking

- Meeting professionals
  - Pizza with a professional
  - Alumni discussion panel
  - Employer mock interviews
  - Career fairs

- Learning about companies
  - Sony Pictures
  - Google
  - NASA
  - Children’s Hospital of Los Angeles
  - LAUSD and many more!

“Thank you for … [the] good opportunity to connect with professionals [o]n a more personal level.” – Reyna V. Sotelo
Connect with us today!

- Create a student profile on Handshake
  [calstatela.edu/careercenter/handshake](calstatela.edu/careercenter/handshake)

- Follow us on:
  - @calstatelacareercenter
  - @calstatelacareercenter
  - @calstatelacdctr
  - Cal State LA Career Development Center group

- Take a look at the CareerExpress
  [calstatela.edu/careercenter/careerexpress](calstatela.edu/careercenter/careerexpress)
Contact us

Career Development Center
CALIFORNIA STATE UNIVERSITY, LOS ANGELES
5151 State University Drive, Los Angeles, CA 90032

Phone
323.343.3237

Email
careers@calstatela.edu

Web
calstatela.edu/careercenter