Step Two: "Tell me about yourself."

Tuesday, August 2

1 – 2:30 p.m.

Success Steps for Interviewing

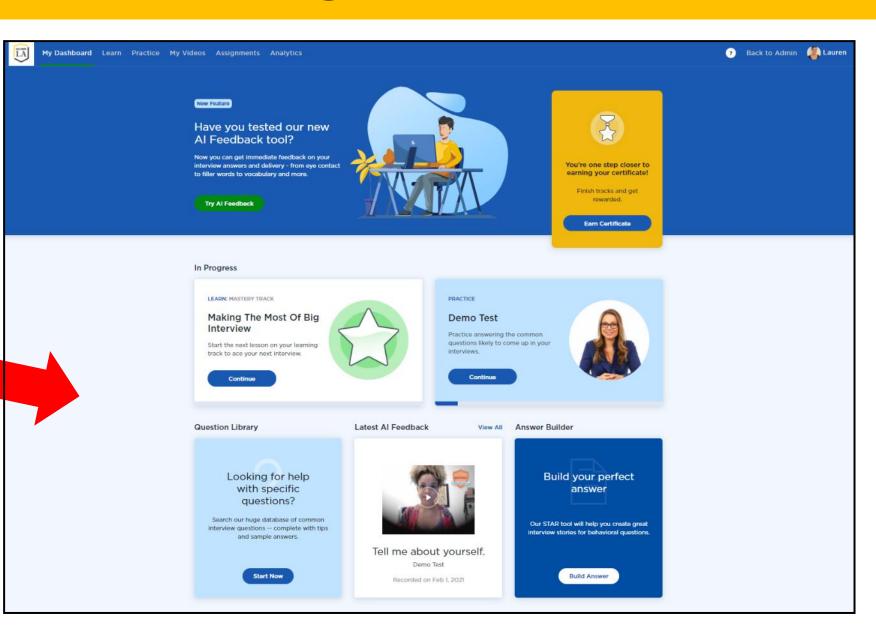


Today's Agenda

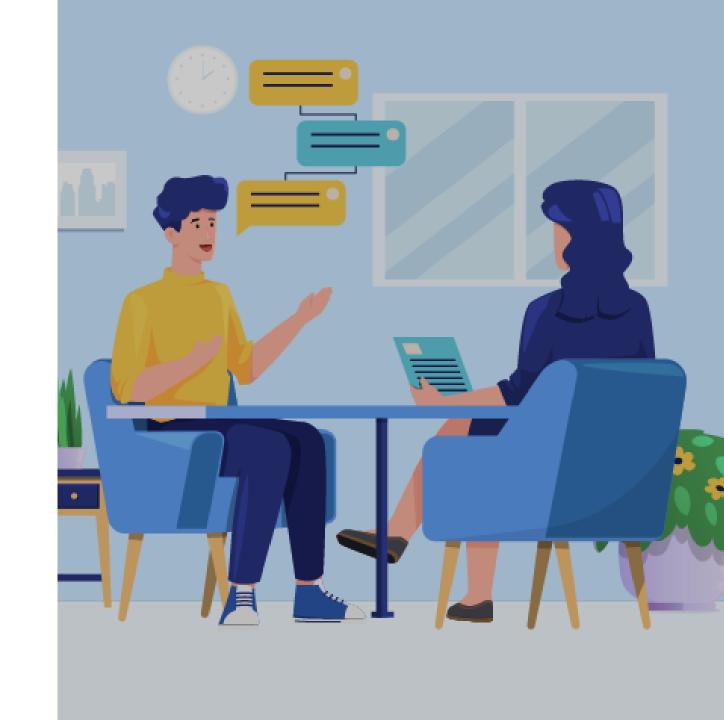
- Review of Big Interview account
- Answering questions in a positive manner
- What are general interview questions (and how do you answer them)?
- "Tell Me About Yourself." Question Review and Breakout Activity
- Continue practicing!

Create Your Account on Big Interview!

Questions or comments?



Let's discuss how to make a great impression through positive language!





What is positive language?

Think of this fact: it's not about what you say, but about <u>how</u> you say it!

- It is the professional use of words that conveys tone and enables the listener to engage in a responsive manner
- Conveys affirmative messages (what to do versus what not to do) to instill a positive mindset



What is positive language?

Identify what is Negative or Positive Language:

- 1. Tells the recipient what not to do.
- 2. It can sound like blaming, shaming, or judging.
- 3. Provides the recipient with choices and alternative paths.
- 4. It's proactive.
- 5. It's passive.
- 6. It's helpful, kind, reassuring, supportive, empathetic.
- 7. It's reactive.

Answer Questions in a Positive Manner!

1

Be truthful but always avoid negativity

2

Never talk badly about coworkers or supervisors 3

Use diplomatic language 4

Show how you created positive change

5

Be mindful of your nonverbal communication

Diplomatic Language Samples

Negative Language

Positive Language

No one was on the same page.

 \longrightarrow

There were a diversity of opinions.

I had to do everything myself.

 \longrightarrow

I took a leadership role to help complete the project.

It was a bad experience.

 \longrightarrow

It was a great learning experience.

I didn't like my supervisor's managing style.

 \longrightarrow

I learned a lot about how to be a good leader from my previous supervisor.

I'm leaving my job because I can't stand working there anymore.

 \longrightarrow

In order to professionally develop in my career, I'm seeking new opportunities.



Did you know?

General style questions are the most common type of questions to start an interview.

So, let's talk about general interview questions...

General

Interview Question Types

General interview questions are broad type questions that can assess for a variety of knowledge about the interviewee



#2



How do you handle stress or pressure?

Tell me about yourself.

Why do want to work here?

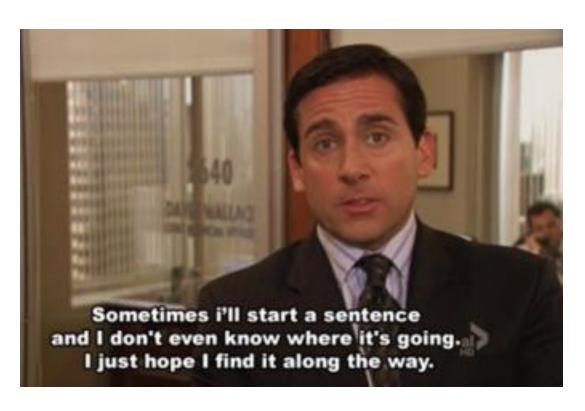
What are your goals for the future?

What makes you unique?

Why should we hire you?

It's not always easy but...

Focus on relevant information and experiences to the employer



Focus on your strengths, values, skills and accomplishments!





How should I answer general interview questions?

Answering General Questions using the MSR Method

Main idea

Briefly state the main point you're trying to make

Supporting evidence

Support the main idea with evidence. How can you prove the main idea is true?

Restate main idea

Close the loop by restating the main idea so it's all tied together

What is one of your strengths?

What is one of your weaknesses?

Strategies for Answering General Questions

1

Be concise & do not ramble 2

Rehearse your responses 3

Incorporate the needs of the employer in your answers

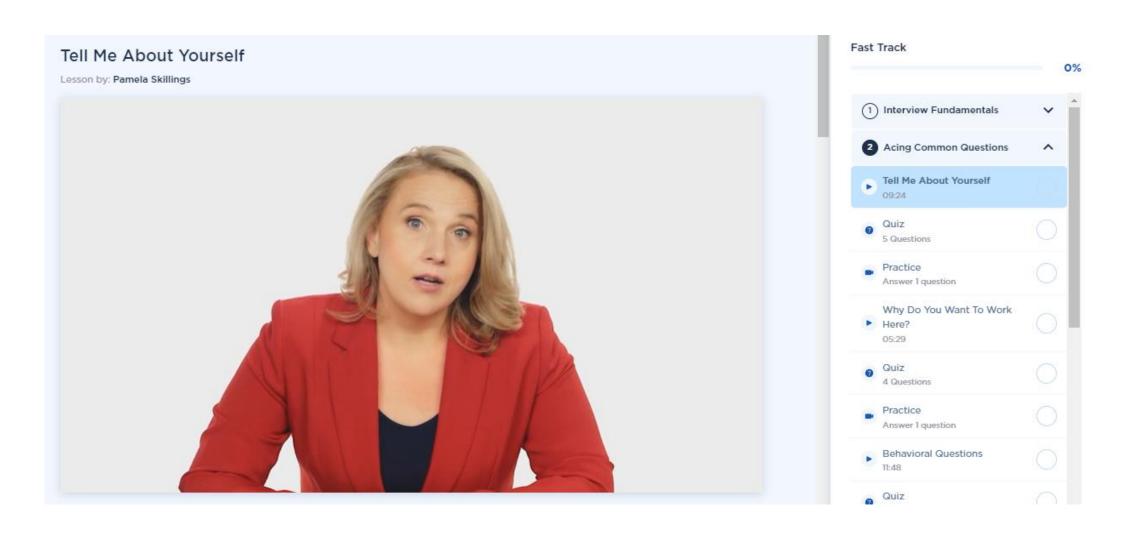
4

Always offer positive information

5

Show how challenges were learning experiences

"Tell Me About Yourself." on Big Interview!





"Tell Me About Yourself."

Answering General Questions | Breakout Room Activity

You are interviewing for a job at a company you really want to work at. The interviewers begin the interview by introducing themselves, then one of them asks:

"Now that we have our introductions out of the way, please tell us more about yourself."

How do you respond?

Use the worksheet and provided job description to build your answer response:

"Tell Me About Yourself." Answering General Questions M.S.R. Activity				
Part 1: Position Description				

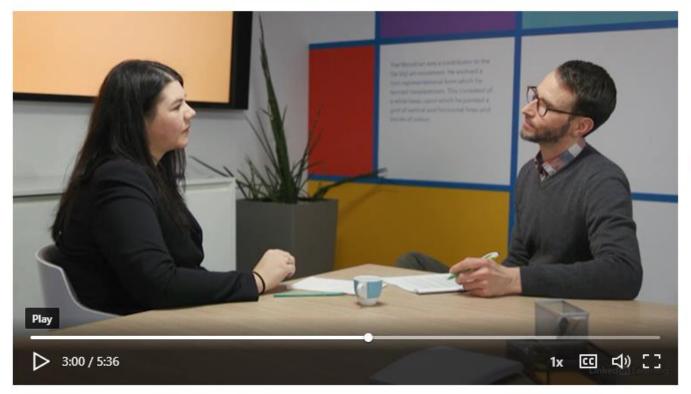


Available in your MyCalStateLA portal!

As an example, search "most common interview questions"

Tell me about yourself





Tell me about yourself

From the course: Job Interviewing for Leaders and Managers



Sarah Johnston

Interview Coach, Executive Resume Coach, Career Coach

Watch full course

Learn how to prepare for an executive interview, from conducting pre-interview preparation, to acing the interview, and leaving a lasting impression.



Practicing on Big Interview

MOCK INTERVIEW QUESTION | VIDEO ASSIGNMENT

- ☐ Complete the video lesson on from Slide 17 on Acing Common Questions, "Tell me About Yourself."
- ☐ Using assignment code **24b5bb**, practice and record yourself answering "Tell Me About Yourself."
- Review the A.I. feedback to assess your video's analytics.
- Optional: <u>schedule an individual</u> <u>career advising appointment or drop</u> <u>in during a group session</u> to review your results!

