The College of Arts & Letters Department of Music, Theatre & Dance presents

EM/BODIED



EM/BODIED

Dance provides an opportunity to think, imagine, and story in physical form. The six choreographers in EM/BODIED explore a primary component of human life, which is movement. Together with the dancers, they consider how the body represents emotional congruency. Why do certain circumstances of engagement between the inner and outer world cause us to feel harmony and lightness and others cause a heavy feeling in our bodies? The choreographers look at changes in our bodies as we age, as well as perceptions we carry in regards to gender, race, cultural origin, body type, age, or other labels and categories. The artists engage with the representation of a technological body and invite us to journey with the dancers, to strip away the ego, and to see the raw power of the body and our subconscious. EM/BODIED brings the inventiveness of the creative spirit to life while telling the unique stories of individual bodies.

DIRECTOR'S NOTE

We live in an era where dehumanizing behavior and rhetoric is escalating. As the world continues to shrink and borders between countries are being erased, each generation confronts primal fears that come in the form of people, policy and cultural change. For those lost in this darkness, "others" are dehumanized, allowing abhorrent behavior to take place between human beings. These fears are radically elevated in this election year as the media is used by each party as a platform to shout messages of fear.

Believing dance can contradict dehumanization through the expression of the vulnerability, I asked the choreographers to explore how we can use the human body to shatter fear and break down the patterns of anger and hatred. Our goal was to clearly message that we are each given the discretion to determine what we take in and how we respond.

Talented Cal State LA dancers and alumni worked for several months to express the vision of the seven choreographers, as well as rehearsal directors and coaches from the Los Angeles dance community. Dancers maintained a rigorous physical discipline of daily practice, participated in the intellectual decisions that have made this program possible, and contributed enormously from both emotional and spiritual perspectives. The entire cast and crew hope that as you experience the show you will know what is possible through the creative body rather than what is prescribed by the collective dehumanizing rhetoric.



with Choreographers

Hai Cohen Seónagh Odhiambo Horne Yasmine Lindskog Marina Magalhães Jobel Medina and Joey Navarrete Rosanna Tavarez

featuring Cal State LA dancers

Juquari Baskin, Rosarelly Cruz, Andrea Garcia De Leon, Daniel Glenn, Cara Gonzales, Tom Le, Naivi Mayoral, Jillian Melo, Alicia Mosely, Antonique Newson-Henry, Nayley Payen, Caitlyn Ryan, Robin Sarmiento, Alexis Silva, Anita Takhmazyan, Davona Watson

> Lighting Designer Samantha Cloonan

Stage Manager Britnee Thrift

Dramaturg Mercedes Segesvary

Assistant Stage Manager Ashley Neal Graduate Assistant Ondina Dominguez

Director Seónagh Odhiambo Horne



Please turn off all electronic devices in the theatre. Use of cell phones during the performance may result in being asked to leave the performance. No recording of images or audio is permitted. Violators are subject to copyright infringement law by the license holders and the management.

NO EVIL (premiered July 2016)

Choreography by Yasmine Lindskog Rehearsal Director and Restaged by: Alvaro Nuñez Lighting Design: Alvaro Nuñez Music: Original Composition by Zachary Kenefick and Samara Rice

Dancers: Juquari Baskin, Andrea Garcia De Leon, Tom Le, Caitlin Ryan, Alexis Silva

"No evil" is a 21st century take on the three wise monkeys—Mizaru who sees no evil, Kikazaru who hears no evil, and Iwazaru who speaks no evil. This whimsical twist on the Japanese proverb depicts the haunting temptations of society. Whether we choose to succumb to these lures or not is a matter of our own self-control.

TRACE

Choreography by Rosanna Tavarez Music: "Estoy Aqui" by Juan Bautista, "Moon River" by Henry Manciniand "Im Wald Auf Der Heide" by Arne Dørumsgaard

Dancers: Rosarelly Cruz, Antonique Newson-Henry, Nayley Payen, Robin Sarmiento, Anita Takhmazyan

By the time I was 14 my grandmother's Alzheimer's had become quite severe. During one of our visits, she couldn't place me so I attempted to remind her who I was. We were very close, she had annointed me her "favorite" out of 14 grandchildren. To jog her memory, I kept repeating her nickname for me: "Chana". She scanned my face wildly, desperately trying to make a connection to what seemed like someone familiar to her yet slightly outside of her memory's grasp. I then grabbed her hand and gently rolled her soft, wrinkled skin between my fingers as I had done so many times as I was growing up. This was a sweet ritual we shared. Her eyes widened and she exhaled as she said my name in complete recognition. Her eyes welled up with tears and she began to apologize profusely as she touched my face and kissed me repeatedly.

My latest work, "Trace" takes as its departure point this moment, between forgetting and remembering. How a touch, a song, a single phrase can elicit powerful memories. How one person's identity is remembered in myriad ways depending on who the storyteller is. The dancers in this work also shared their own family memories to create a work that presents a palimpsest of experience explored through movement.

INSIDE OUT

Choreography by Hai Cohen Music: "Magnificat" by Estonion Philharmonic

Dancers: Juquari Baskin, Andrea Garcia De Leon, Daniel Glenn, Jillian Melo

People are trying to find quiet. They want to stand still but can't stop. They want to sit but don't know where. They want to make a place for themselves but don't know how. They want to become someone new but don't know who. How can they find the quiet they crave?

OSHUN UNDONE

Choreography by Marina Magalhães Rehearsal Director: Bianca Blanco Music: "Eleggua (Intro)" and "River" by Ibeyi

Dancers: Nayley Payen, Caitlyn Ryan

"Oshun Undone" is inspired by Nayyirah Waheed's poetry and the Afro-Cuban/Afro-Brazilian female deity of fertility and river water called Oshun. It is an embodied investigation of themes of self-love, self-acceptance, and decolonization, all of which are common threads in Nayyirah Waheed's poetry, the qualities associated with Oshun, and my own on-going movement research titled "Decolonizing the Body Through Dance". The poetry that opens the piece, by Nayyirah Waheed, captures the spirit of the piece beautifully and simply:

Getting yourself together What about undoing yourself? We write from the body It remembers everything Said melanin, bone and soil Embodied learning is kinesthetic, collaborative, and multimodal. ~ Nayyirah Waheed

BUSY BO(d)Y

Choreography by Jobel Medina and Joey Navarrete Music: "Can't Take My Eyes Off of You" by Lauryn Hill

Dancers: Daniel Glenn, Naivi Mayoral, Jillian Melo, Alicia Mosely, Anita Takhmazyan, Davona Watson

I used images that, in my opinion, clearly display busyness such as New York City streets and a crowded subway train. I also used images that reminded me of exhaustion. Both of these words intrigued me at the time I was making the piece. Similar to other pieces I've made, I allowed this piece to tell me its story rather than to create one. This story relates to me but I'm not surprised.

FREEDOM

Choreography by Seónagh Odhiambo Horne Rehearsal Coach: Kimberley Baliutavicius Music: "Metamorphosis 2" by Philip Glass

Dancers: Juquari Baskin, Daniel Glenn, Tom Le

Humans are born into pure freedom. From our first moments of life, we are indoctrinated into becoming models of who others believe we are supposed to become. We are born into cultural, religious, social, class, and gender expectations. Before we reach puberty, our family and social experiences have set a powerful determination for how we are to live our lives, while shutting the door on an infinite number of other potential lives that could have been created.

The dancers explore the soul's yearning to escape from social pressures and re-experience pure freedom, which is to recognize that all expectations are nothing more than artificial limitations. Freedom is to explore what opening to infinite potential may bring. Most importantly, freedom uses the gift of life to create rather than to conform.

"This which gives rise to the appearance of I is mind and body, but when you divide this into mind and body and look for the I, you cannot find it" --H.H. Dalai Lama

PRODUCTION TEAM

Kimberly Roberson	Wardrobe Running Crew
Lizeth Castellon	Deck Running Crew
Sherry Yuen-Ruan	Poster Design
Lilyana Melero Ass	istant Production Manager
Meredith GreenburgF	aculty Production Manager

ARTS & LETTERS PRODUCTIONS

Elizabeth Pietrzak Technical Director/Shops Supervisor	
Bruce Zwinge	Costume Shop Supervisor
Tim Jones	Electrics Shop Supervisor
Rico Garcia	Audio Systems Technician

THANK YOU...

Thank you to: Rennie Schoepflin, Dean of the College of Arts & Letters; David Connors, Chair of Music, Theatre and Dance; Wendy Baker, Andy Barth, Henry Harris, Rogelio, Teresa, and the entire staff of the Luckman Theatre Complex; David Kummer.

THE COMPANY









Rosarelly Cruz

Andrea Garcia De Leon

Daniel Jacob Glenn

Cara Gonzales



Tom Le



Naivi Mayoral



Jillian Melo



Alicia Moseley



Antonique Newson-Henry



Nayely Payán



Caitlyn Ryan



Robin Sarmiento



Alexis Silva



Anita Takhmazyan



Davona Watson



Juquari Baskin

Juquari Baskin is a second year, Theatre Arts and Dance major, and the Fall Dance Concert is his third dance performance at Cal State LA. He performed in the International Day of Dance Concert and the American College Dance Association competition. Juquari has been training in ballet, modern. contemporary, and African, and teaches hip hop dance at Dorsey High school coaching the dance team. Juquari aspires to start his own dance program teaching hip hop, beginning ballet, and contemporary.

Rosarelly Cruz is a junior at Cal State LA, majoring in Theatre Arts and Dance, with an option on Dance. Rosarelly believes that dance is the perfect way to show her values and discipline. With dance she has dreams that she is slowly but surely accomplishing. Rosarelly would like to thank Veronica Cruz for her love and support.

Andrea Garcia De Leon is a 17 year old freshman at Cal State LA currently majoring in Bio Chemistry. This is Andrea's first dance concert with Cal State LA, having recently graduated from Cantwell Scared Heart of Mary High School. She has always had a passionate side for dance and theater. Her ultimate dream is to be on broadway one day performing on a huge stage in front of thousands of people. Andrea would like to thank her theatre family, friends, parents and everyone who encouraged her to take this opportunity and remind her the sky is only the limit.

Daniel Jacob Glenn is an alumni from Cal State LA where he received his BA with a major in Theatre Arts and Dance. He continues his education through private movement based Institutions such as Diavolo, The Raven, IDA, and individual opportunities as a choreographer and performer. Daniel has performed dance internationally and is looking to continue his journey wherever it may lead him. He is committed to growing, learning, and sharing his knowledge of the body as he continues to develop and hone his skills as a performer. Daniel sends gratitude each step of the way as he journeys to new heights each day.

Cara Gonzales is a second year at Cal State LA, majoring in Television and Film. She also continues her passion in photography as well as a dancer. This is Cara's first time being in the Cal State LA Fall Dance Concert. Cara has been dancing for over six years and was previously apart of the Woodrow Wilson High School Dance Department for two years. Cara would like to give a shout out to her parents for always supporting her love for dance and being the best parents she could ask for. A shout out to Steven for supporting her in every thing that she does in life and being her best friend. Cara would also like to give a

shout out to Raul for being an amazing boyfriend and encouraging her to continue dancing and supporting her in all that she does!

Phat (Tom) Le is a junior at Cal State LA, with an option in Dance. This is Tom 6th dance production in the department. He has worked with several choreographers and has choreographed his own pieces in the past performances. Tom enjoys contemporary, modern, and lyrical dance styles but keeps an open-mind for other styles. He began pursuing a dance career during his years while participating in his high school's Colorguard team, and also a professional Winterguard team called Black Crown. Tom has a passion for both Colorguard and dance as both sport of the arts bring out his inner talent, creativity and artistry. Tom would like to thank you all of his instructors, mentors, family and friends for pushing him to grow and to pursue his passions.

Naivi Mayoral is a junior at Cal State LA majoring in Communications Disorders, and with a passion for Dance. This is Naivi's second performance at Cal State LA, however has performed at other school events and outside of the University. Although her career is pursuing speech-pathology, she still plans to dance professionally in the near future.

Jillian Melo is a freshman at Cal State LA, majoring in Theatre Arts and Dance, option in Dance. She was raised in a small country town in Northern California with her two older brothers. Jillian has been dancing for 15 years and counting and her dream is to one day open up her own dance studio. She would like to thank her parents, John & JoAnn, for their never ending support and for letting her move five hours away to further pursue her dreams.

Alicia Moseley is an Ecuadorian movement artist. She is 1/8 indigenous from her father side. She began to dance at early age, her curiosity for movement took her to explore different type of dances, but the two forms of dance that captured her dancer heart were Modern dance and Andean dance. Modern dance helps her to understand how to move, and Andean dance helps her to not forget her roots and the spiritual connection that exist between dance and the universe.

Antonique Newson-Henry started her dance career at the tender age of 3 where she was trained in Tap, Ballet and Lyrical dance. Antonique became very fond of dancing and it soon became her passion and laid out the steps to follow her dream. She became a Cheer and Dance phenom in Sacramento area and later took her

dance talents to Stockton CA where she not only performed but also choreographed a All Star team that went on to win many competitions and even a Nationals title in Las Vegas. She has performed hip-hop dance routines at the Sacramento State Fair for 6 years in a row which has led her to be sought after to open and perform at talent shows and venues with over a thousand people. Now a Student at Cal State LA her journey continues as a Theatre Arts and Dance major where she will one day be recognized with some of the greatest dancers around!

Nayely Payán is a freshman at Cal State LA, majoring in Business Marketing. This is Nayely's first dance production with Cal State LA. She recently graduated from Bishop Amat Memorial High School. Nayely was raised in Covina, California, where she has had most of her dance training. She has trained in different genres of dance since she was 5, such as ballet, tap, free movement, character, jazz, lyrical, and contemporary. Navely trained at Ballet Etc., Impact Dance Academy, Perfect Pointe School of Dance, Cutting Edge, and with Bishop Amat High School's dance team. With the Royal Academy of Dance, she fell in love with ballet throughout her training for the RAD examinations. Throughout her life, Navely played sports and felt conflicted having to choose between soccer, volleyball and dance, but she realized dance is what she does best. Nayely has performed in over twenty dance productions and has competed in numerous competitions. She is excited to continue her training and grow in the dance world.

Caitlyn Ryan is a Theatre Arts and Dance major graduating in 2017. She is a multi-talented movement artist who is passionate about circus arts, dance, women's empowerment, and cats. Caitlyn frequently performs hoop, fire dance, and stilt-walking in Southern California, and offers hoopdance lessons to her local community. She recently performed in Critical Mass Dance Company's Los Angeles tour of "AmaTerra." In her free time, she loves training in flying trapeze, hand balancing, and acrobatics.

Robin Sarmiento is a senior at Cal State LA, majoring in Kinesiology. This is her first performance since she graduated from a visual and performing arts high school in 2013. In high school, she participated in annual dance concerts and became a member of the school's Dance Company in 2012. She has also been a part of the dance ensemble in musicals such as *Hello*, *Dolly!* and *Guys and Dolls*. Robin would like to thank her friends and family for their support.

Alexis Silva is 19 years old and a second year at Cal State LA. She is pursuing an Arts & Letters degree in Studio Art. This is Alexis' first major dance production. She participates in Latin American dances, belly dance, and Indian classical dance. As a studio art major, she specializes in ceramics and clay sculpture, and has won awards for her art from her high school ceramics teacher Mr. Sal Perez and mentor Mr. N. Hines, and the school district. Also was part of a student demonstration at AMOCA (American Museum of Ceramic Art) in Pomona. Alexis is very excited to be participating in this dance concert, and to be able to promote that short and chubby girls can dance. She likes to thank the people who gave her this opportunity, the hard working crew who put this show together, and her family; for their support.

Anita Takhmazyan is a junior at Cal State LA majoring in Electrical Engineering with a background in ballet, jazz, tap, modern, and international dance. She taught her own private dance classes for children with a mobile dance company this past summer. This is Anita's first production with the dance program at Cal State LA and her first semester at Cal State LA too! She has always had a passion for dance ever since the age of 4, where she started dancing international styles and continued on into ballet, where she fell in love and deemed it as her favorite genre of dance. Anita hopes to continue dancing and performing for audiences and would like to thank her friends and family for always supporting her.

Davona Watson is a freshman at Cal State LA, majoring in Anthropology with a minor in Pan African Studies. This is Davona's first production with Cal State LA and she is also the youngest of the cast, joining at the age of 17. In her high school, she was President and Founder of the dance team for her junior and senior year. Her most recent activities include theatre performance in a musical set to the music of Kendrick Lamar and J. Cole entitled " A Tale of Two M.A.A.D Cities". She is also dedicated to her passion for Liturgical Praise Dance that emerged and blossomed at the age of six. She would like to give a shout out to God for blessing her with the gift of ministry and a shout out to her family and friends for being an amazing support system.



Kimberley Baliutavicius is a force of nature! She is a multi-talented performer, educator, and motivator. A free spirit, dedicated to helping others, Kimberley's mission is to use her gifts and talents for a greater purpose. A natural leader, she has lead multiple cheer and dance teams to national cheer and dance championships and has taken home 3 national champion titles. While obtaining her BA in Theatre Arts and Dance at Cal State LA, Kimberley was a core performer and soloist of the

international company, Asava Dance. She continues to create and perform her work in the Los Angeles area and is a part time dance faculty member for Cal State LA.

Bianca Blanco attended Western Michigan University on full scholarship where she pursued a BA in dance. After moving to Los Angeles, she danced sals a professionally for over 10 years performing, choreographing and competing nationally. She then danced with CONTRA-TIEMPO Urban Latin Dance Company for many years, touring nationally and internationally—performing, teaching,

and being an active part of the creative process. As a highlight, she was a cultural ambassador on behalf of the United States for a month-long tour to South America. As a culmination of her dance experience, Bianca started Kinection Dance Project, whose mission is to provoke human connection through dance. She creates work based on the many different types of human relationships/ interactions, or lack thereof. Kinection debuted their first critically acclaimed evening length work



in October 2105. Bianca also co-created a partnering technique curriculum used in schools and various other platforms that helps create space for people to feel comfortable relating to one another. She currently does project-based choreography for various schools and universities and is in training to become a Pilates instructor. Certified in plant-based nutrition Bianca is also very passionate about healthy eating and education surrounding the topic. She provided support for several natural food companies throughout the years and now teaches vegan-cooking classes in the Los Angeles area, as well creates custom vegan desserts, even being featured on Cupcake Wars.



Hai Cohen was born in Beer-Sheva Israel. He trained at Bat Dor Professional dance school and was awarded the American-Israel Cultural Scholarship, given only to the top dance students in Israel. His trained continued with Bat-Sheva Dance Company. For five years Hai toured internationally as a soloist with Aylot Anegov Israeli Folk Dance Company. He was a member of Kamea Contemporary Dance Company and

joined Kibbutz Contemporary Dance Company, under the direction of Rami Be-er in 2007. Hai toured internationally with Kibbutz Contemporary Dance Company and currently teaches Kibbutz repertory throughout the world. He joined BODYTRAFFIC in 2010-2013. He teaches modern and classical ballet in Idyllwild arts and LACHSA and choreographs as well.

Yasmine Lindskog is a performer, choreographer, and teacher. She gained extensive training in modern, ballet, and choreography at California State University, Long Beach, where she received her BFA in Dance. Lindskog also graduated with the University Honors Program where she engaged in extensive research on the relationship between dance improvisation, choreography, and emergence theory. Lindskog has attended the San Francisco Conservatory of Dance, SBDNY



Winter Module, and BODYTRAFFIC's Summer Program. Throughout her training she has performed works by Shannon Gillen, Sidra Bell, Alex Ketley, Robert Moses, Ohad Naharin, Adam Barruch, Rebecca Lemme, Rebecca Bryant, and Andrew Vaca. She performed Rebecca Bryant's *ASKQUESTIONSLATER* at the Kennedy Center in Washington, D.C. this past June. Additionally, Lindskog was a mentor for the Young Choreographer's Project in Los Angeles. Her choreography has been presented throughout Southern California in Long Beach, Los Angeles, Temecula, and San Diego. Lindskog recently presented choreography at American College Dance Association, Front & Main Festival, and Highways Performance Space. Currently, she is studying to receive her MA in Contemporary Dance at the London Contemporary Dance School where she is a member of the postgraduate touring company EDge.



Marina Magalhães is an award-winning choreographer and seasoned dancer from Brazil, based in Los Angeles. Magalhães holds a B.A. in World Arts and Cultures with a Dance Concentration from UCLA, where she was the recipient of the international Moss Scholarship (\$76,000). Magalhães's choreography for the concert stage draws from her unique background in Afro-Latin and Contemporary dance practices to create a dance theater grounded in subversive politics and deeply

personal story-telling, an original method she has created and termed Dance Crônicas. Her work has been shown throughout the US and internationally, at REDCAT Theater, Zipper Concert Hall, Ford Amphitheatre, CounterPulse, Yerba Buena Night, Highways Performance Space, UCLA Fowler Museum, Blaktina Festival, Maitisong Festival (Botswana), My Body My Space Festival (South Africa) and The Wits Theatre (South Africa). She was awarded the LA Weekly Theater Award for Best Choreography in 2013 and in 2014 received the Pennington Dance Group Space Grant @ ARC and the UCLA Hothouse Residency to create her critically acclaimed work, (UN)BRIDALED. Hailed as "the type of show that keeps concert dance relevant in our lives" by LA Dance Review and "an unrivaled dance theater experience" by Theatre Ghost, (UN)BRIDALED was most recently adapted with a new cast of South African women and performed at The Wits Theatre's Human Rights & Social Justice Season 2016 in Johannesburg, South Africa. Her on-going movement research is called Decolonizing The Body Through Dance, based on the belief that decolonization is a futuristic process of reclaiming and reinventing tradition.

This partnership is between, Filipino-American, Jobel Medina, and Mexican-American Joey Navarrete. Jobel and Joey are both active performers in the greater Los Angeles area with BFA Degrees in Dance from California State University, Long Beach. Both have been commissioned for their collaborated works all over Northern California. Joey currently works as a Pilates instructor and has worked as a theater technician, stage manager, and lighting designer for various groups. Jobel has recently



become involved in photography and cinematography and has been commissioned to document a series of Art galleries.

Alvaro Nuñez is from Long Beach, and holds BA degree in Dance and Business from California State University, Long Beach. During his time at CSULB, Alvaro received training in modern, ballet, jazz, improvisation, and choreography. Alvaro has received the Dramatic Allied Arts Guild Scholarship, the Betty Dupont Dance Scholarship, and multiple CSULB Department of Dance scholarships for his performance excellence. Alvaro is currently a company dancer for Donna Sternberg & Dancers and for Keith Johnson/Dancers. In addition to being a performing artist, Alvaro is a lighting designer and has over 4 years of working experience in concert dance productions.

Rosanna Tavarez: Born in the US, Rosanna is based in Los Angeles (USA). She has been studying Countertechnique since 2011, including two One Body, One Career Intensives. She was selected to attend the Countertechnique Teacher Training program in 2016, and is now one of six certified American Countertechnique Teachers. Rosanna received an MFA in Choreography from The Ohio State University and a BFA in Choreography from University of Michigan. She has a diverse



background as a performer/entertainer and has had the honor of working with Marina Ambramovic, Ryan Heffington (Sia), Travis Payne (Michael Jackson), Tony Michaels (Beyonce) and Rosanna Gamson/Worldwide. She also toured with N'SYNC and Jessica Simpson as one-fifth of the girl group Eden's Crush and covered the Emmys, Grammys and Oscars in addition to hosting her own shows as a television personality for FOX, E!, TVGuide Network, and Telemundo/NBC. She creates her own dance-theatre work in Los Angeles under the moniker LADANSADANSA. Her works have been supported by ARC grant from the Center for Cultural Innovation, UCLA Hothouse Residency and Show Box LA.

PRODUCTION TEAM BIOS

Britnee Thrift (Stage Manager) is a senior at Cal State LA, earning her Bachelor's Degree in Theatre Arts with an option in Design & Production. This is her first production as a stage manager, although she has worked as a stagehand and painter for multiple productions such as *Anon(ymous)* (MSJC), *The 25th Annual Putnam County Spelling Bee* (Act 1 Theatre), and *Fiddler on the Roof* (Act 1 Theatre). Britnee plans to make a career in stage and lighting design. She'd like to thank Meredith and her ASM for helping her and reassurance.

Ashley Neal (Assistant Stage Manager) is in her senior year at Cal State LA. She is pursuing a degree in Communications, as well as a Minor in Theatre Arts and Dance. After she graduates in 2017, she hopes to attend law school. This is her first time being a part of a production where she is not on stage. Ashley has been dancing since she was 4 years old, and has been seen in numerous shows here at Cal State LA.



Britnee Thrift

Ashley Neal