



## **Osher Lifelong Learning Institute, (OLLI)** ***“Empowerment Through Learning”*** For Adults 50+

### **Frequently Asked Questions**

#### **What is OLLI?**

As one of over 90 lifelong learning institutes funded by the Bernard Osher Foundation, OLLI at Cal State LA offers an exciting array of classes, and special events, for persons age 50+ to remain vibrant in mind, body and spirit. Embracing the motto of “Empowerment through Learning” members enjoy non-credit classes in literature, history, science, writing, spirituality, healthy living, music, art and dance. Classes are offered on campus and at community partner sites.

#### **Who Are "Members" Of OLLI?**

Anyone 50+ and their family members are invited to participate as a member. Members are not required to be alumni of Cal State or any other college. There are no educational background requirements for participation in any class. No credit is given for any of the classes and there are no exams or grades! Out of the members' experience in the classes comes the reward of vibrancy in mind, body and spirit.

#### **Where Is The Program?**

Courses, special lectures, and events are held in comfortable and accessible settings. The program is offered on campus at Cal State LA (CSULA) and at community partner sites.

#### **How Are Courses Selected?**

Course selection is driven by member interest and coordinated by the OLLI Curriculum Committee. Concurrent courses are offered, balanced across the dimensions of mind, body and spirit. The instructors include CSULA emeriti faculty, current faculty members and others. Instructors volunteer their talents in teaching, leading group discussion classes, and performing.

## **What Are The Membership Costs And Fees?**

There is a membership fee and course fees. Annual membership rates start at \$25 for individual members. Members get discounts on classes, invitations to “members only” events, and a variety of “on-campus” privileges. Participants can be sponsored by an agency such as a senior center or retirement community. Organizational memberships are \$1,000 which offer members of organizations to attend OLLI events and classes for a year, plus some on-site programs. Scholarships are available.

## **Are There Opportunities To Volunteer?**

Yes! Volunteers are a vital part of OLLI. Opportunities include outreach to new members, assistance with special events, and writing for the newsletter.

## **Can A Person Take A Class Without Being A Member Of OLLI?**

Yes! Individual class sessions are \$10 each for non-members.

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